

# Having a radiological procedure under sedation

## Introduction

You have been given midazolam/fentanyl, which is a light sedative. You may feel a little disorientated or light-headed for a short while after your procedure.

**Do not worry, these effects are normal**

Midazolam will remain in your body for 24 hours and gradually wear off.

Fentanyl will remain in your body for 24-36 hours and gradually wear off.

**However, if symptoms persist for longer than this, contact your GP as soon as possible.**

You will be considered to be under the influence of the sedation during this time and it is important for your safety and recovery to follow this advice:

- You must be accompanied home by a responsible adult who will stay with you for at least 24 hours after your procedure.
- Drink plenty of fluids and enjoy a light diet.
- **Do not:**
  - drink alcohol.
  - drive a car, any other vehicle, or ride a bicycle.
  - operate machinery or any electrical appliances such as cookers or kettles.
  - lock the bathroom door or make yourself inaccessible to the person looking after you.
  - make any major decisions or sign any important documents for at least 12 hours.

## Advice for relatives/friends:

- If the patient feels weak or faint, lie them down and place a cushion under their feet to raise up their legs.
- Provide a source of fresh air, loosen their clothing and make sure an adult is with them until they recover.
- If they are not feeling sick, they should drink plenty of water.
- In the event of the patient continuing to feel faint please contact your GP for further advice.

## Further information

More information is available on the Trust website visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

This document can be made available in other languages and formats upon request.

Radiology Department, March 2019. Review due: March 2021