

Home parenteral nutrition and intravenous fluid advice sheet

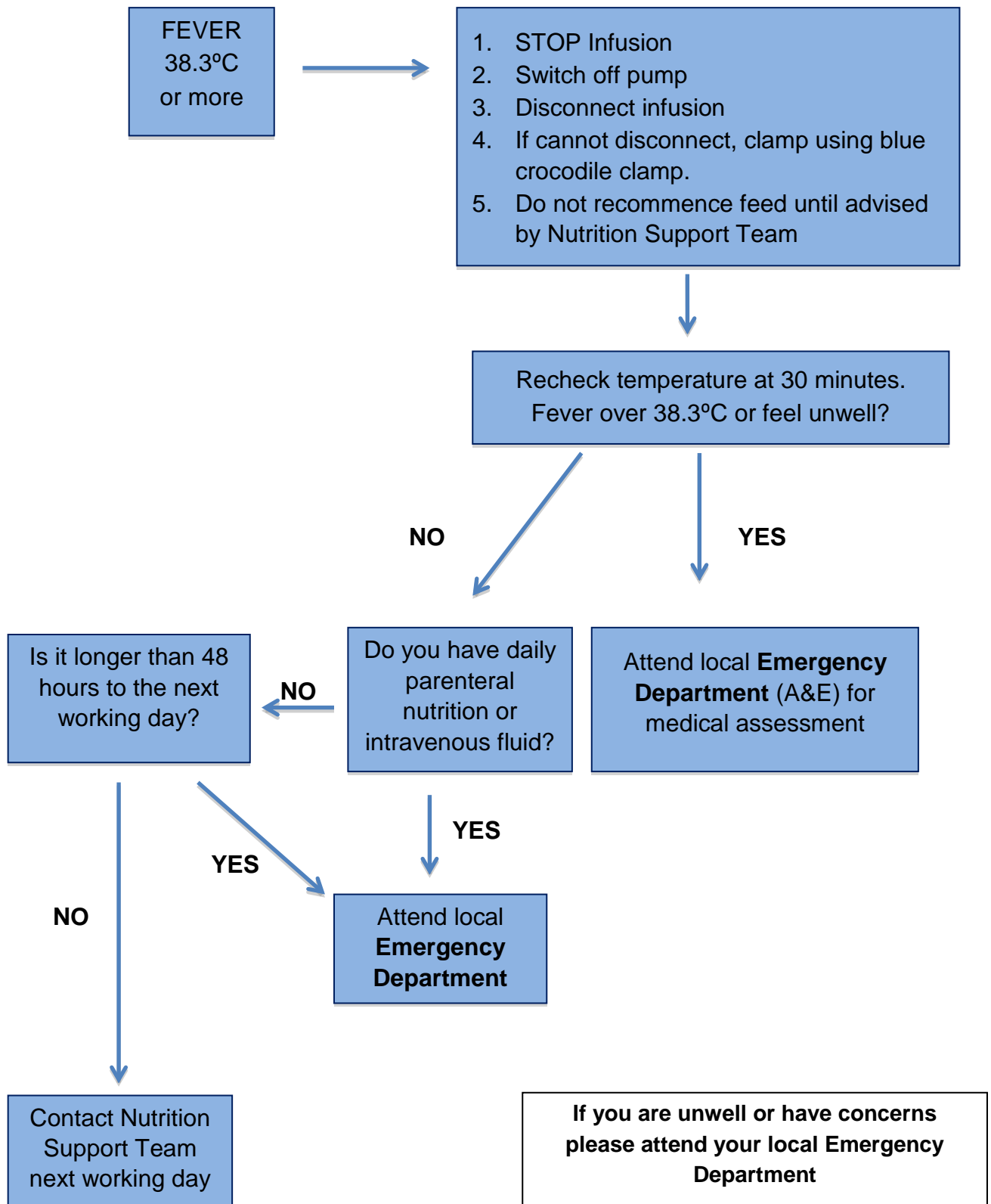
This information sheet has been designed to help should you have problems relating to your parenteral nutrition or home intravenous fluids. It is vital that you **inform someone if you are having difficulties**. For pump problems, contact your homecare provider helpline or homecare nurse. For all other problems, please contact the Nutrition Support Team during office hours or the Sidmouth Ward nursing team if it is outside normal working hours (contact information can be found at the end of this document).

If you are unable to contact the relevant team, and have on-going concerns please attend the Emergency Department (A&E) either at the Royal Berkshire Hospital or at your local hospital. If you attend hospital please **take your last clinic letter and a copy of this information leaflet** with you wherever possible.

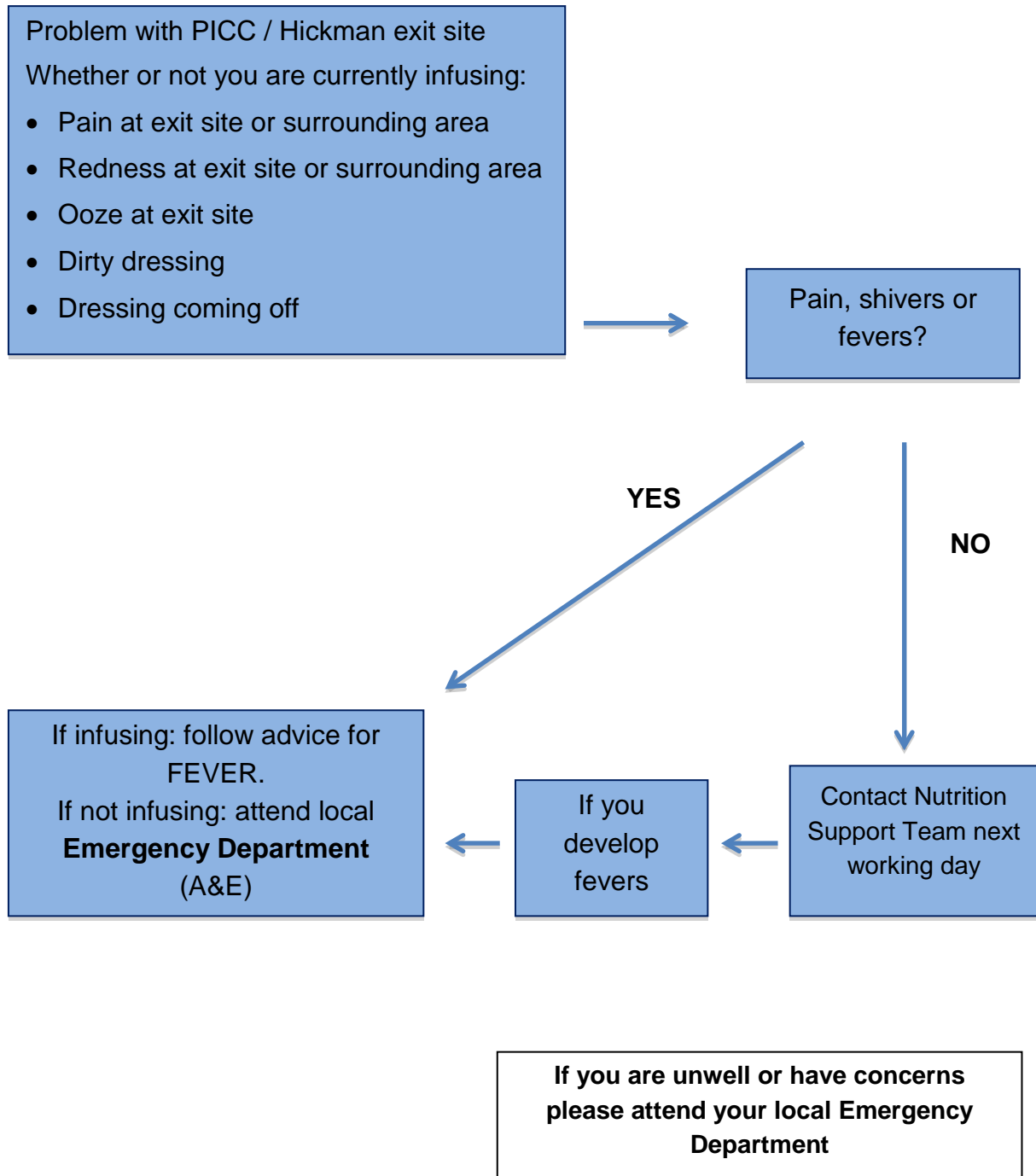
The flow charts attached provide a guide to managing complications you may experience whilst using home parenteral nutrition or intravenous fluids. If at any stage you are uncertain of which steps to take then please contact your healthcare team on the numbers below or attend the Emergency Department. Included in this leaflet are flow charts for the management of the following complications:

- Fever
- Problems with PICC or Hickman exit sites
- Suspected broken PICC or Hickman line
- Slow or blocked line
- Missed feed
- Swollen ankles / Weight changes
- Other symptoms

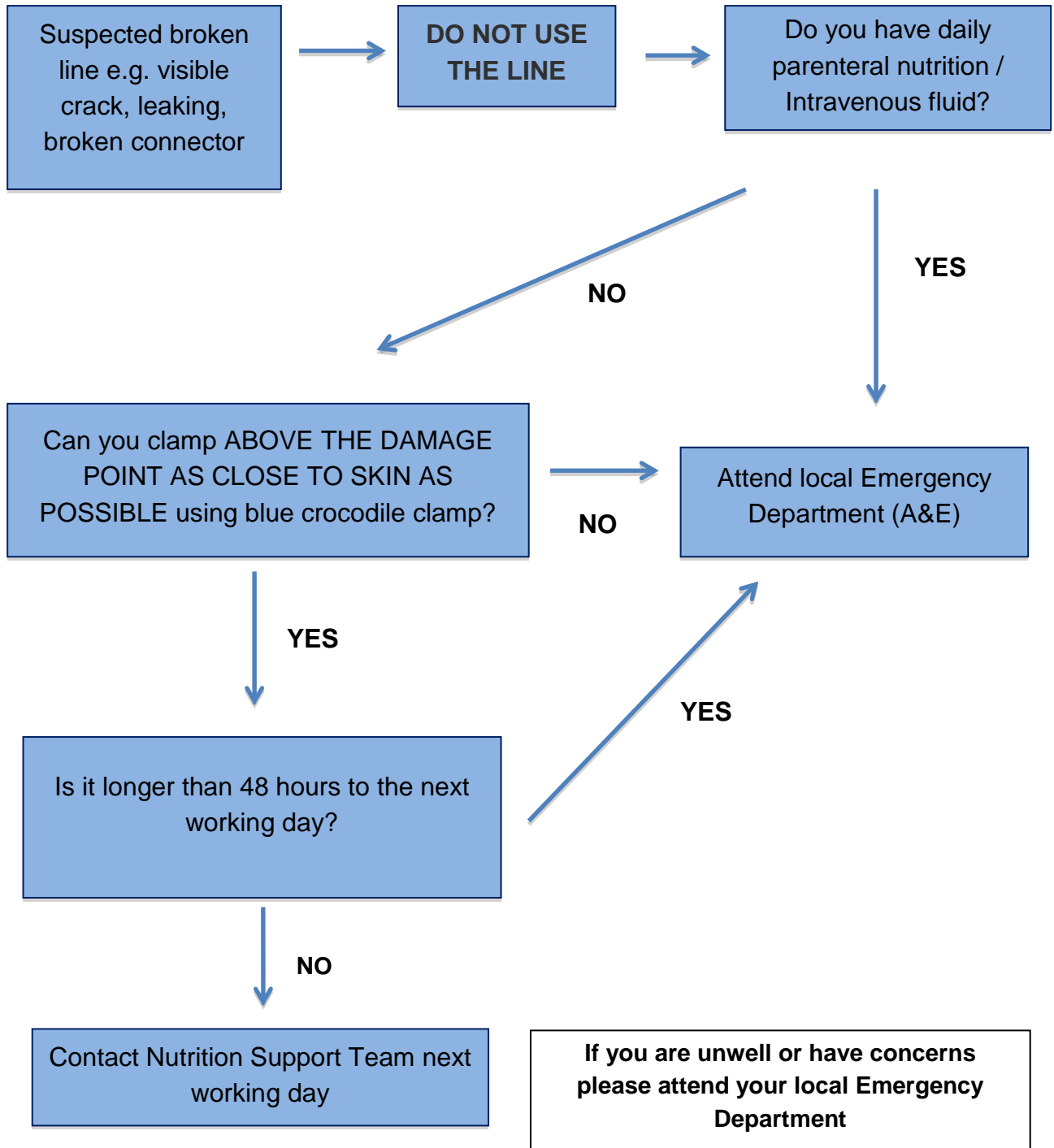
Management of fever



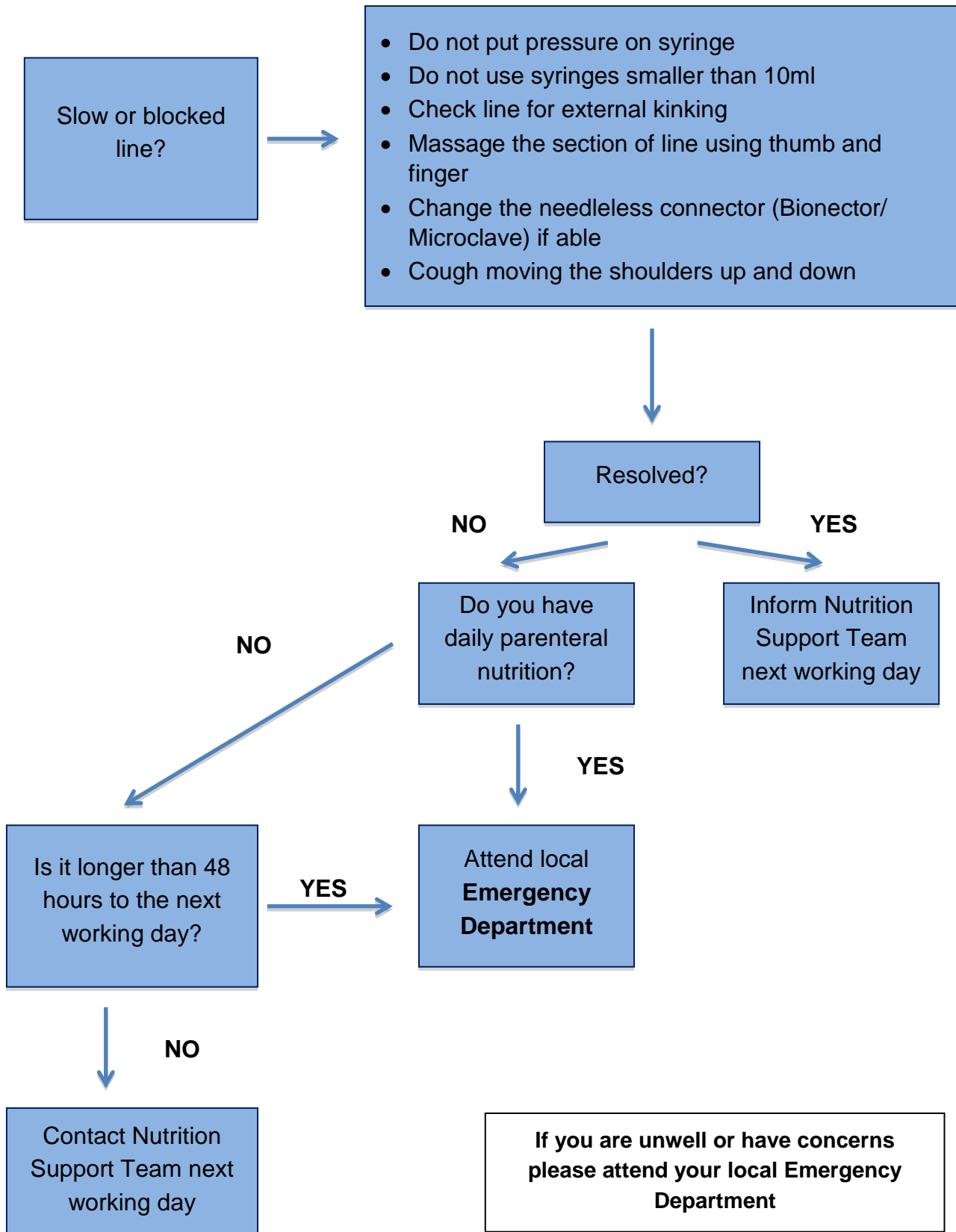
Problems with PICC or Hickman exit sites



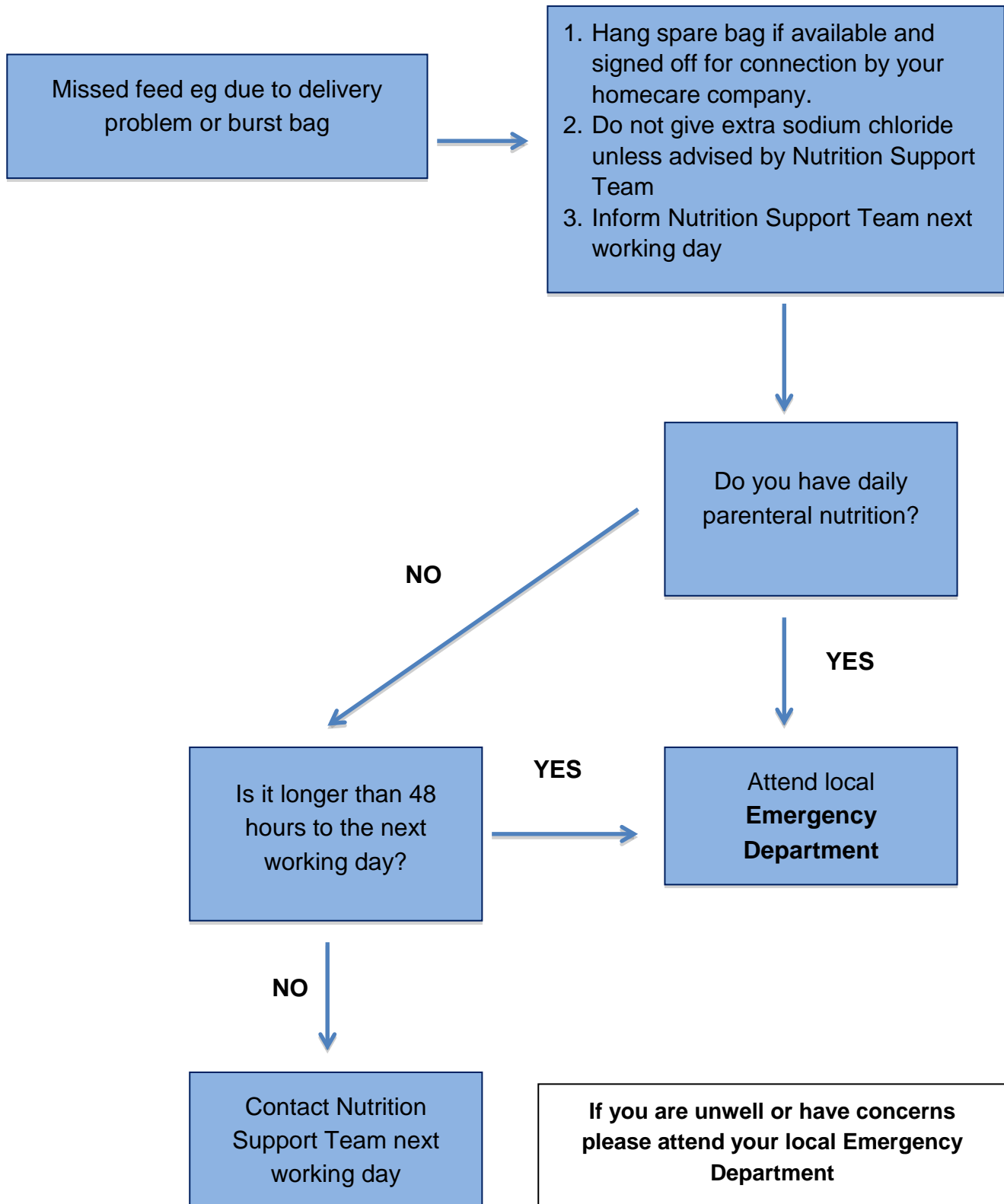
Suspected broken PICC or Hickman line



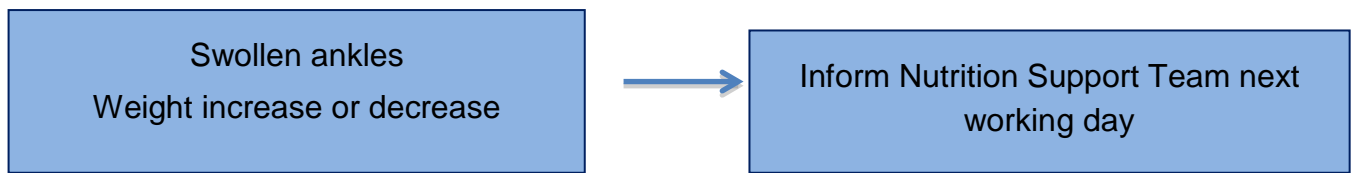
Slow or blocked line



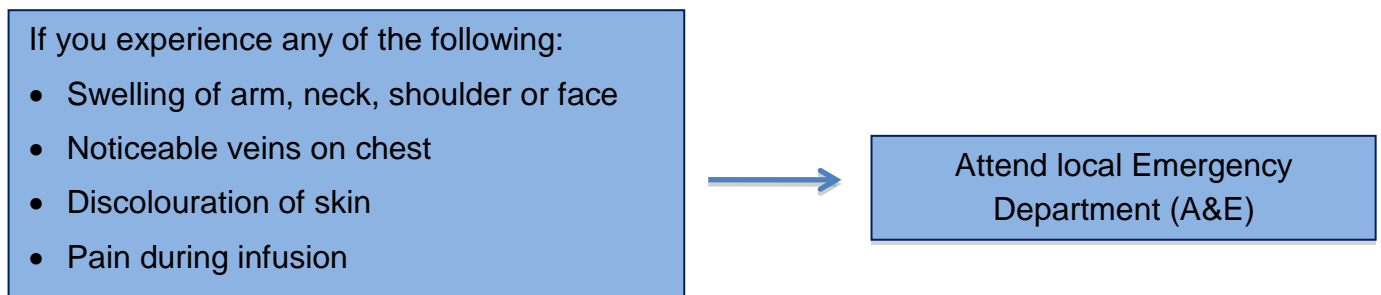
Missed feed



Swollen ankles



Other symptoms



This information leaflet is to provide a guide only to managing common problems associated with using parenteral nutrition and intravenous fluids at home. If you have symptoms that are not covered in this leaflet and are concerned then it is important that you inform someone using the contact details provided.

Contact information

Nutrition Support team Monday to Friday 8am-4pm:

Mobile: 07748 631985

Email: RBFT.nutritionsupport@nhs.net

Outside the hours above, including weekends and bank holidays:

Sidmouth Ward 0118 322 7468

For pump problems please contact your homecare company:

Calea 0800 1218300

Lloyds Homecare 0845 7573100

Baxter 0800 0288966

B Braun 0800 8405503

Further information

Patients on Intravenous and Nasogastric Nutrition Therapy (PINNT) – www.pint.com

More information is available on the Trust website: www.royalberkshire.nhs.uk

This document can be made available in other languages and formats upon request.

Imogen Steed / Nutrition Support Team

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