

Paediatric nurse-led virtual allergy clinic

What does this clinic involve?

This nurse-led virtual allergy clinic helps to improve the continuity of care for patients by ensuring babies, toddlers, children and teenagers who have passed their Oral Food Challenge (OFC) continue to eat the food sufficiently to prevent re-allergy or becoming allergic to these food(s)/milk in the future.

How is this a virtual clinic?

You and your child do not need to attend the hospital – the clinic is held via telephone calls made by the paediatric allergy nurse specialist.

What do these virtual ‘follow-ups’ involve?

The paediatric allergy nurse will ask the parent/carer questions concerning the frequency and type of food(s) that their child is including in their diet. She will also discuss any allergic reactions that may have been observed, or any other concerns. The paediatric allergy nurse can give reassurance concerning any minor reactions and advise on any change of frequency that may be necessary to encourage sufficient inclusion of these foods into the diet. It also provides the opportunity to arrange any further appointments if necessary.

When and how often will these virtual ‘follow-ups’ be?

The phone call is made approximately 2 weeks after completion of the OFC. The follow-up is generally a ‘one off’ but more will be planned if there have been some minor reactions or refusal to eat adequate quantities.

If you have any questions about this clinic, please contact:

Sue Bowden, Paediatric Allergy Nurse Specialist on 07788 153663, Leanne Brooker, Paediatric Allergy Nurse Specialist on 07785 338319 or Karen Thornhill, Allergy Administrator on 0118 322 7224 or via email: paediatric.allergy@royalberkshire.nhs.uk

Your virtual clinic appointment is at:

_____ * on _____

** Approximate times due to unforeseen delays caused by prolonged phone calls/discussions.*