



Royal Berkshire
NHS Foundation Trust

Minor ENT surgery

Information for patients

You have been given an appointment to have minor ENT surgery under local anaesthetic.

This means you will be awake and will have an injection or topical cream to numb the affected area.

Before your surgery appointment

We recommend that you eat, drink and take any regular medication as normal before coming in for your appointment unless we, or your GP, tell you otherwise.

Some people who have local anaesthetic on an empty stomach feel faint. Having something to eat beforehand will help you to avoid this sensation.

It is not essential that you have somebody to accompany you to your appointment but we do recommend it. You, or the person accompanying you, will have to arrange for suitable transport home afterwards. We advise patients not to drive themselves to or from the hospital.

If any pre-operative tests are required these will have been discussed with you at your consultation appointment.

On the day of surgery

You should plan to arrive on Dorrell Ward at 12.30pm on the day of surgery. Dorrell Ward is located on Level 3 Eye Block. The operating surgeon will meet you there, explain the procedure and ask you to sign a consent form. It may also be necessary for the doctor to apply local anaesthetic cream to the operation site.

You will then be taken directly to the theatre suite for your operation.

After surgery, you will be seated in the theatre waiting area until the theatre team are happy to discharge you.

The length of the procedure varies depending on what type of surgery you are having, but you should make arrangements to be at the hospital for the whole afternoon should this be necessary.

After your surgery

Instructions on how to care for your wound will be given to you following your procedure. It may be necessary to apply antibiotic ointment to the wound at home and this will be explained to you before you are discharged.

It is a good idea to have painkillers at home in case you need them. We recommend that you have a supply of Paracetamol or Ibuprofen at home and that you follow the dosage as instructed on the packaging.

If you have any concerns or questions following your procedure, please telephone the ENT Department on 0118 322 7146; fax: 0118 322 7147 or Dorrell Ward out of hours on 0118 322 7172.

Important information

If you are unable to make your appointment, or if you have any concerns, please let the department know as soon as possible so that we can offer the appointment to someone else.

Telephone 0118 322 7139.

Your appointment is a designated surgery slot. If you are late for your appointment, we will postpone your surgery and arrange another date. If you fail to attend your surgery appointment, you will need to contact your GP to be referred again.

Contact us

Clinical Admin Team (CAT 1) Tel: 0118 322 7139 or email:
CAT1@royalberkshire.nhs.uk

Further information

Visit the Trust website at www.royalberkshire.nhs.uk

This document can be made available in other languages
and formats upon request.

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