

Gastroscopy with stent insertion aftercare advice

Introduction

Today you have had a gastroscopy – an examination of your stomach with a stent inserted. You are unlikely to have any serious side effects but please be aware of the following:

- You may feel drowsy for several hours.
 - Your throat may feel slightly sore for a few hours.
 - You may also feel a little bloated if some air, used in the procedure, has been left inside.
- These things will pass and there is no need for any medication.

Please be aware that:

- You must not drive for 24 hours.
- You must not operate machinery, drink alcohol or sign any legal documents until the next day.
- Please refer to the diet sheet regarding eating and drinking advice.

Serious side effects from this procedure are rare, however, if you have any problems with:

- A persistent sore throat, worsening chest or abdominal pain, please contact your GP immediately informing them that you have had a gastroscopy and stent insertion.
- If you are unable to speak to your own doctor contact the Endoscopy Unit.

Contact information – up to 48 hours after your procedure

- Contact the Endoscopy Unit during office hours (9:00am-5:00pm) on telephone number 0118 322 7458 / 7459.
- Out of office hours and at weekends, please ring Sidmouth Ward on 0118 322 7469.

Further information

More information is available on the Trust website: www.royalberkshire.nhs.uk

This document can be made available in other languages and formats upon request.

Endoscopy Unit, November 2018

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