



Royal Berkshire
NHS Foundation Trust

Useful organisations, community services and support groups across Berkshire and Oxfordshire

Where to find advice and
support for patients leaving
hospital

Organisation	What they do	Contact details
Reading Social Services	Advice, support and signposting	0118 937 3747 https://www.reading.gov.uk/adult-care/adultcare/about-adult-social-care/
West Berkshire Social Services	As above	01635 503050 https://info.westberks.gov.uk/communitycare
Wokingham Social Services	As above	0118 974 6800 https://www.wokingham.gov.uk/care-and-support-for-adults/
South Oxfordshire Social Services	As above	0345 050 7666 https://www.oxfordshire.gov.uk/residents/social-and-health-care/adult-social-care
Bracknell Social Services	As above	01344 351 500 / 01344 352000 https://www.bracknell-forest.gov.uk/health-and-social-care
Slough Social Services	As above	01753 475111 https://www.slough.gov.uk/adult-social-care
Windsor & Maidenhead Social Services	As above	01628 683 744 https://www.rbwm.gov.uk/home/adult-social-care
Red Cross (Reading)	Support at Home: Short-term practical and emotional support at home to help regain independence.	0118 935 8239 https://www.redcross.org.uk/
Red Cross (West Berkshire)	As above	0300 456 1914 https://www.redcross.org.uk/
Red Cross (Wokingham, Bracknell & Ascot)	As above	0118 978 9008 https://www.redcross.org.uk/

Organisation	What they do	Contact details
Age UK (Reading, West Berkshire, Wokingham, Bracknell, Slough, Windsor & Maidenhead)	Handyperson services. Home help plus. Easy shop. Information and advice.	0118 959 4242 https://www.ageuk.org.uk/reading/ https://www.ageuk.org.uk/berkshire/
Age UK (Oxfordshire)	Social prescribing. Information and advice.	0345 450 1276 https://www.ageuk.org.uk/oxfordshire/
Reading Voluntary Action and Age UK Berkshire	Social Prescribing Service. Linking to voluntary and community organisations.	0118 937 2273 http://rva.org.uk/social-prescribing/
Involve Community Services	Community Navigator Scheme. Signposting to help/support/social opportunities via voluntary / community organisations.	01344 304404 https://involve.community/
The Link Visiting Scheme	Befriending Scheme. No age restrictions.	https://www.linkvisiting.org/
Volunteer Centre West Berkshire	Social Prescribing Service. Befriending Service. Not home from hospital services.	01635 581001 https://www.volunteerwestberks.org.uk/

Organisation	What they do	Contact details
Community Transport Services (West Berks)	There are 10 Community Car Services in West Berkshire.	www.volunteerwestberks.org.uk/volunteer_driving.htm
Wokingham Volunteer Centre	Transport: Helps RG40 / RG41 residents unable to use public transport or drive. Green 'n' Tidy Basic gardening service for elderly/disabled Wokingham residents.	0118 978 2446 https://wokinghamvolunteercentre.org.uk/ 0118 979 1340 http://www.wokinghamgreentidy.org.uk

Depending on which area live, some services may incur a charge.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Occupational Therapy, May 2021

Next review due: May 2023