



Royal Berkshire
NHS Foundation Trust

Useful organisations and support groups in West Berkshire

Information for patients
leaving hospital

Organisation	What they do	Area covered	Contact details
Reading Voluntary Action and Age UK Berkshire	Social Prescribing Service: Linking to voluntary and community organisations.	Reading Borough	0118 937 2273 social.prescribing@rva.org.uk
Involve Community Services	Community Navigator Scheme: Signposting to help/support/social opportunities via voluntary and community organisations.	Wokingham Borough including: Wokingham, Woodley, Winnersh, Earley, Finchampstead	01344 304404 http://involve.com/munity/community-navigators/referral-form/community.navigation@involve.com
The Link Visiting Scheme	Befriending Scheme: Aims to offer friendship /support/ visiting to the isolated or lonely. No age restrictions.	Wokingham Borough	info@linkvisiting.org
British Red Cross	Support at Home: Short-term practical and emotional support at home to help regain independence.	Berkshire	0118 935 8239
Volunteer Centre West Berkshire	Village Agent Service: Supporting older vulnerable people with a social prescribing service. (Not a home from hospital service).	West Berkshire parishes	01635 581001 Gillian@vcwb.org.uk

Volunteer Centre West Berkshire	Befriend West Berkshire: One to one befriending service. (Not a home from hospital service).	West Berkshire	Simone Foster 01635 49004 befriend@vcwb.org.uk
Community Transport Services (West Berks)	There are 10 Community Car Services in West Berkshire (need 2-3 days' notice of journey).	West Berkshire	www.volunteerwestberks.org.uk/ volunteer_driving.htm
Age UK Berkshire	Handyperson services: Small jobs e.g. tap washers, curtain rails, handrails, keysafes etc*.	Reading West Berks Wokingham	info@ageukberkshire.org.uk
Age UK Berkshire	Home help plus: Cleaning, shopping, accompanying people to appointments*.	Reading West Berkshire	info@ageukberkshire.org.uk
Age UK Berkshire	Easy shop: Telephone shopping service, taking order and arranging delivery from supermarket of choice*.	Reading West Berkshire	info@ageukberkshire.org.uk
Age UK Berkshire	Befriending: Support for isolated and lonely older people by volunteers matched to ensure similar interests.	Reading West Berkshire	info@ageukberkshire.org.uk
Age UK Berkshire	Information and advice: Phone, email and face to face support for issues affecting older people, eg benefits, care, housing etc.	Berkshire	info@ageukberkshire.org.uk

<p>Wokingham Volunteer Centre</p>	<p>Transport: Helps RG40 / RG41 residents who are unable to use public transport or drive. A low-cost service takes clients to medical and dental appointments around the district and beyond.</p>	<p>Wokingham Borough</p>	<p>0118 978 2446 www.volunteerce ntrewokingham.btck.co.uk</p>
<p>Wokingham Volunteer Centre</p>	<p>Green 'n' Tidy': Basic gardening service for elderly/disabled Wokingham residents unable to maintain their properties, with no local family support or financial resources to employ commercial companies.</p>	<p>Wokingham Borough</p>	<p>0118 979 1340 or email: gardening@wok-vol.org.uk www.wokinghamgreenntidy.org.uk</p>

*Depending on which area of Berkshire you are in, may incur a charge.

Find out about other voluntary sector services by contacting:

Reading Voluntary Action 0118 9372273

Involve Community Services 01344 304404

Volunteer Centre West Berkshire 01635 49004

Royal Berkshire NHS Foundation Trust

London Road, Reading RG1 5AN

Telephone 0118 322 5111 www.royalberkshire.nhs.uk

Occupational Therapy/Service Navigation Team, November 2018

Review due: November 2020