

We hope that this leaflet has provided you with enough information to enable your discharge to occur smoothly and safely. If you have any questions please speak to a member of the nursing team on your ward.

Ward name:

Ward tel number:

Notes/questions:


Further information specific to other discharge options within individual local authorities is available on request.

home early  settled & safe

*\*The discharge options listed in this leaflet are governed by the 'Protocol for supporting patient choices to avoid long hospital delay' CG591 and hospital trusts reserve the right to request you to leave hospital once you no longer need hospital care.*

Royal Berkshire NHS Foundation Trust  
London Road  
Reading RG1 5AN  
Telephone 0118 322 5111  
[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

This document can be made available in other languages and formats upon request.

Networked Care Group, April 2018  
Review due: April 2020

  
Royal Berkshire  
NHS Foundation Trust



home  
early

settled & safe

Getting  
ready to  
go home

---

We will start to plan for your discharge home as soon as you arrive in hospital.

We will discuss your estimated discharge date with you and agree a plan. We will work with you, your relatives and community services, as required, to achieve this.

---

### When can I go home?

Once you are well enough we will help you get home as quickly and as safely as possible. It is not possible for you to wait in hospital once you no longer need medical care.

Home early: settled and safe is what we aim for.

### Going home could mean:

- Home independently
- Home with voluntary sector support\*\*
- Home with rehabilitation & support from therapists and rehab carers
- Home with care (support from social services or private carers)

**\*\* Voluntary sector support includes initiatives such as 'home from hospital', befriending, adaptations and support for carers. To find out more see the separate leaflet on 'Voluntary organisation support'.**

### Discharge planning

While you are in hospital we will continue to assess you and plans may change as your needs change but our aim will always be to get you home as the first option.

### Who will be involved in my discharge?

Doctors, nurses, therapists and community services (where relevant).

In more complex situations further support may be provided via our Integrated Discharge Service.

You may also be contacted by independent care co-ordinators who can help self-funding families find long term solutions for their care needs.

### What we expect from you

- To be fully involved in your discharge and to be prepared to leave on the agreed discharge date.
- To be ready to go home early (before 11am).
- To make your own arrangements for transport home using family, friends or public transport/taxi. Hospital transport is reserved only for patients with a clinical need.

### What you can expect from us

- We will send a discharge letter to your GP explaining care received.
- We will provide any necessary medication – enough for two weeks.
- We will arrange any further hospital appointments if needed.
- A comfortable discharge lounge, where you can wait for your transport on the day you leave.