

Male Isotretinoin Pack Checklist

Enclosed you will find:

Two blood test forms – please arrange to have these tests done either with your GP or by appointment only at: Royal Berkshire Hospital, Reading, Healthspace, Bracknell, or West Berkshire Community Hospital, Thatcham. You can book online via <https://www.royalberkshire.nhs.uk/wards-and-services/blood-tests.htm>. These are fasting blood tests so **nothing to eat or drink except water from midnight** before.

First blood test (pre-dose) – This needs to be done before you can start your Isotretinoin. **Please ring 0118 322 8209 / 7133 and leave a message on the day to say you have had the first test done.** Once we have the results, we will contact you and tell you where you need to come to collect your prescription

Second blood test – Please have this done in the week before your two-month follow-up appointment.

PHQ-9 questionnaire – please complete this form and email a scan or photograph to rbb-tr.cat8dermatology@nhs.net together with your name, NHS number and date of birth, requesting in the email for this information to be uploaded to your patient record.

- You only need to ring us and tell us you have had your first blood test done – after that we will automatically check it and let you know if we are making any changes.
- You should be given a prescription at the start of treatment which covers the whole course, but it will usually be dispensed in one or two month batches.
- Please contact **Lloyds Pharmacy RBH on 0118 322 7798** before you come to collect your prescription. Lloyds RBH are open Mon-Fri 8.30am – 6.00pm.