

Iontophoresis

Iontophoresis has been suggested for the treatment of your hyperhidrosis. The hospital no longer offers this treatment but it is available in some private clinics or you can do it yourself at home.

What is Iontophoresis?

If you suffer from hyperhidrosis (excessive sweating) of the hands, iontophoresis is a safe and effective method of reducing excessive sweating of these areas. Treatment is given via a machine that passes a low voltage electrical current through the skin of the hands or feet which are immersed in shallow trays of water (special pads, or electrodes are required for the treatment of the underarms). Iontophoresis is very successful in a vast majority of people who suffer from hyperhidrosis of the hands, feet and armpits.

Renting or buying an iontophoresis machine

Machines can be purchased from various suppliers. One company which provides the option of *either* renting or purchasing the machine is Therapy World Ltd:

Keith Simmonds, Therapy World Ltd

Topshill, Kirk Ireton, Ashbourne, Derbyshire DE6 3JX

Mobile: 07980 775 223 Fax: 01629 822272 Email: dksimmo@tiscall.co.uk

Rental per month*	One off purchase
£49.00 + VAT	£378.00 + VAT
*If the rentals exceed £378.00 plus VAT, the machine automatically becomes yours	

NB. VAT will not be charged if a letter on headed paper is sent by your doctor indicating that treatment is necessary.

Further information

Further information is available from: The Hyperhidrosis Support group

www.hyperhidrosisuk.org E-mail: info@hyperhidrosisuk.org

Other Dermatology leaflets are available on the Trust website: www.royalberkshire.nhs.uk