



**Royal Berkshire**  
NHS Foundation Trust

# Introduction to the colorectal and anal cancer multi disciplinary team (MDT)

---

The aim of this leaflet is to provide you and your family or friends with information about the multi disciplinary team (MDT) involved in your care at the Royal Berkshire Hospital. There are also some useful telephone numbers and website addresses which you may find helpful.

---

## The Multi Disciplinary Team

It is the policy of the MDT that all patients (irrespective of age and stage of the disease) with a new diagnosis of colorectal or anal cancer will be discussed at the multi-disciplinary team meeting (MDTM) at the earliest opportunity. At this meeting the team will discuss individual treatment plans and follow-up arrangements to ensure that every patient with cancer receives the best possible care. These meetings will also be an opportunity to discuss difficult cases at any stage during treatment if necessary. The meetings take place weekly.

## Who are the colorectal cancer MDT?

- Designated lead clinician (chair) who will take overall responsibility for the service.
- Designated surgeon(s).
- Oncologist. The team includes an oncologist with expertise in radiotherapy and chemotherapy.
- Radiologist, with expertise in looking at tumour sites on an x-ray.
- Histopathologist, with expertise in looking at the cells of tumour sites from biopsies.
- Clinical Nurse Specialist (Key Worker), will provide information and support for patients.
- Stoma Nurse, will provide stoma information and support for patients.
- MDT Co-ordinator.
- Users issues and patient information lead.
- Trials Nurse, will provide information to the team on any new trials.
- Cancer Support Worker, will provide information and support.

## Useful numbers

### Colorectal Nurse Specialists

Vanessa Newland, Key Worker	0118 322 7182
Claire Hawkins, Key Worker	0118 322 7182
Tanya Demonne, Key Worker	0118 322 7182
Nicky Dann, Key Worker	0118 322 7182
Julie Fisher, Cancer Support Worker	0118 322 7182
Stoma Nurses	0118 322 7640
Adelaide Ward	0118 322 7471
Hunter Ward	0118 322 7535
Lister Ward	0118 322 7539

### Consultant Surgeons

Mr S Middleton  
Mr D Coull  
Mr P Conaghan  
Mr D McGrath  
Mr Thiruppathy

Contact Clinical Admin Team (CAT 3) on 0118 322 6890

### Consultant Oncologists

Dr A Freebairn	0118 322 8030
Dr J Gildersleve	0118 322 7861
Berkshire Cancer Centre	0118 322 7888 (9am–5pm)
King Edward Ward (Chemo)	0118 322 7646 (8.30am-5pm)
Radiotherapy Clinic	0118 322 7890 (9am–5pm)
Chaplains (multi-faith)	0118 322 7105
Patient Relations Team	0118 322 8338

## Support groups

### Macmillan Cancer Support

Freephone 0808 808 00 00 [www.macmillan.org.uk](http://www.macmillan.org.uk)

Provides information, emotional support and practical advice by telephone or letter. Also provides information in other languages.

### Beating Bowel Cancer

Helpline 0208 9730011 [www.beatingbowelcancer.org](http://www.beatingbowelcancer.org)

Online patient forum

### Reading Bowel Cancer Support Group

Ted Wingrove 0118 961 8297

Allan Fennell 0118 987 1347

## Additional referrals

If you need a referral to any of the following services this can be arranged through either the consultant or the Clinical Nurse Specialist.

- Counsellor
- Dietitian
- Physiotherapist
- Occupational Therapist
- Community Palliative care Nurse
- Citizen Advice

## Further information

Visit our website [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

This document can be made available in other languages and formats upon request.

Berkshire Cancer Centre, Nov 2005

Reviewed: March 2019. Review due: March 2021