

## Buckle fracture of the radius (forearm bone)

This leaflet aims to answer some of the questions that you or your child may have about managing a buckle fracture.

### What is a buckle fracture?

Your child has sustained a “buckle fracture” of their forearm bone. This has been caused by falling onto the arm, causing the bone to slightly crush in on itself. The bone has not completely broken but the injury does cause pain and discomfort.

This injury is very common in children and heals quickly with simple common sense measures. In the vast majority of cases, it is unnecessary for your child to attend a fracture clinic.



Buckle fractures

### Can my child go back to school / playgroup?

Yes, but do make sure that the school or playgroup are aware that the arm is injured so they take appropriate care.

### When can they go back to all activities?

Sporting activities, physical education and rough play should be avoided for a total of 6 weeks from injury.

### Contact us

If you have any further questions or concerns regarding this condition, please contact the Orthopaedic Clinic on 0118 322 6567 or 07554 330 369, open Monday to Friday 12.00pm – 5.00pm (except bank holidays).

More information about the Trust can be found on our website [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

Friends & Family Test: While you are in hospital please spare a few moments to answer one question ‘Overall, how was your experience of our service?’ by filling in the card given.

This document can be made available in other languages and formats upon request.