

Advice following flexible cystoscopic laser ablation of a bladder tumour

Introduction

This leaflet gives advice following a procedure to remove a bladder tumour. It is important that you understand what to expect and feel able to take an active role in your treatment and recovery. If there is anything you do not understand or if you have any questions or concerns, please feel free to discuss them with your nurse.

This procedure is carried out under local anaesthetic. The urologist (doctor specialising in the bladder and urinary system) places a flexible tube into your bladder via the urethra (the pipe that you pass urine from). This tube has a camera and a light on its inner end, so that the doctor can have a look directly into your bladder. The urologist then removes the tumour using a fine holmium laser beam and water.

What can I expect after my surgery?

You may notice some blood and debris in your urine for some days after the operation. This is quite normal, as the debris can take a few days to be washed away. You may also notice some discomfort every time you pass urine for the next three days. You should take regular painkillers to help relieve your pain.

These symptoms can be relieved by drinking lots of fluids for three days after the operation (at least three extra pints of fluid every day). This also helps prevent the risk of infection after the operation. However, if you develop cloudy, smelly urine or develop a high temperature, you probably have an infection. Contact your GP immediately if this is the case.

You should take things easy for a couple of days but there is no need to stay off work. If you require a sick certificate please ask the staff before your discharge.

You will receive an appointment to come into hospital in a few months time for a further examination.

Discharge

During the first 24 hours following your discharge if you have any further concerns about your surgery, please telephone:

Day case patients:

Adult Day Surgery Unit: 0118 322 7622.

Opening hours are 7.30am to 10.00pm Monday-Friday, 7.30am to 4.00pm Saturday, so if you need help or advice outside these hours, please telephone the hospital switchboard on 0118 322 5111 and ask to speak to the on-call urology doctor.

Inpatients:

Hopkins Ward: 0118 322 7274

After 24 hours, if you have any queries, please seek advice from your GP.

For more information about the Trust visit our website www.royalberkshire.nhs.uk

This document can be made available in other languages and formats upon request.

Urology Pre-operative Assessment: April 2018

Review due: April 2020