



**Royal Berkshire**  
NHS Foundation Trust

Information for patients  
waiting for an oral,  
maxillofacial or  
orthodontic procedure

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Your doctor or dentist has recommended that you have a procedure requiring admission to hospital. This leaflet explains what happens next.

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### Your admission date

When a date for your admission is arranged, we will contact you by letter. You will receive this letter 4-6 weeks after your initial appointment.

### Pre-operative questionnaire/check

At your consultation you will fill in a pre-operative check questionnaire, answering some general and specific health questions. If the questionnaire brings up any concerns regarding your current health you will be asked to attend the hospital for a pre-operative check around 2-4 weeks before the admission date of your procedure. If this visit is necessary, we will send you details about this appointment with your admission date. **If requested, it is important that you attend this pre-operative check. Non-attendance may mean your procedure will be cancelled.**

- Bring a list of current medication with you, including any over-the-counter medicines.
- The pre-operative check appointment will take about 45 minutes.
- You may need further investigations/tests after the pre-operative check appointment, e.g. blood test, ECG (heart trace).

## Things to consider before your procedure

- You need a responsible adult to take you home by car or taxi and to stay with you for 24 hours after surgery.
- You need to live within an hour's drive from the hospital.
- You need to stop taking HRT (hormone replacement therapy) or the combined oral contraceptive pill 4 weeks before the procedure (please see your GP or family planning clinic for more information).
- You will need to fast before the procedure. Details will be given at your pre-operative check.

## When to contact the Clinical Admin Team

Please contact us immediately if any of the following apply:

- There is any change in your home address, telephone number or GP.
- The date of the pre-operative check needs to be changed.
- There are any dates when it is impossible for you to be admitted, e.g. holidays, business commitments.
- If you no longer wish to go ahead with the procedure.

In any communication to the hospital please give the following details:

- Your name
- Your hospital number or your NHS number.

## Cancelling your admission date

Patients on the waiting list are offered a limited number of dates to be admitted for their procedure. If you cancel two admission dates in succession, you will be referred back to your GP or dentist.

## Concerns about your admission or your medical condition

If you are worried about your admission or your medical condition, please contact your own GP.

## To contact us

Oral, Maxillofacial and Orthodontic Clinical Admin Team  
(CAT 1) Telephone: 0118 322 7139

Monday-Friday, 9.00am-5.00pm email: [rbbh.CAT1@nhs.net](mailto:rbbh.CAT1@nhs.net)

## Further information

Visit the Trust website at [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

This document can be made available in other languages and formats upon request.

Reviewed by Dr Mazen Att, Department of Oral & Maxillofacial Surgery,  
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