

## Sub-Tenon’s block

### What is it?

It is a small injection of anaesthetic around the side of the eyeball.

To carry out the injection painlessly, local anaesthetic eyedrops will be given beforehand to numb the sensitive surface of the eyeball. You may feel a little pressure when the actual injection is given, which only takes a few seconds.

### Do I need to fast?

No. You can eat and drink as normal.

If you are diabetic, please make sure you maintain regular meal times and take your medication as usual. Please take your regular medication as usual, unless your doctor or pre-operative assessment nurse has advised otherwise.

### Other advice

Please bring a pair of slippers and an extra shirt/blouse/top.

Additional information on the use of local anaesthesia for eye operations can be found in the more detailed leaflet called ‘Having an eye operation under local anaesthetic’.

### Contact information

Eye Casualty (Reading):	Open Mon-Fri 9am to 5pm; Sat & Sun & bank holidays 9am-12.30pm; Closed Christmas Day and New Year’s Day
Eye Casualty: Prince Charles Eye Unit (Windsor):	Open Mon-Fri 9am to 5pm; Sat 9am-12.30pm; Closed Sun & bank holidays
Dorrell Ward (Reading):	0118 322 7172 (24 hours a day)
Eye Day Unit (Reading):	0118 322 7123 (Mon-Fri 7am to 6pm)

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