



Royal Berkshire
NHS Foundation Trust

Looking after your artificial eye

Information for patients

This leaflet is for patients who have been fitted with an artificial eye and gives advice on how to care for the eye.

The function of an artificial eye is to restore as closely as possible the appearance of the eye that has been lost and every effort is made to reproduce the characteristics of the missing eye. Artificial eyes are generally now acrylic rather than glass.

Putting your artificial eye in

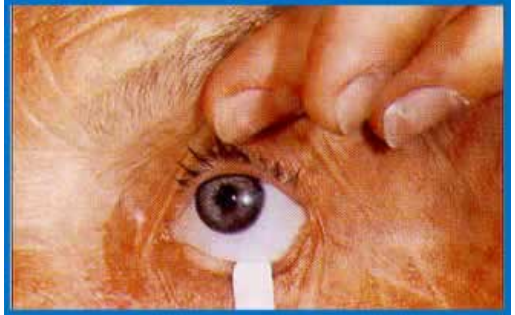
Make sure that your artificial eye is clean and lubricated and that you hold it in the 'six o'clock' position. Seated in front of a mirror, lift the upper eyelid up with your thumb, holding the artificial eye in your



other hand. Insert the eye, pushing it gently as far as it will go. Release your upper eyelid and support the eye with your thumb. Then, gently pull the lower eyelid over the eye. Check there are no eye lashes trapped and that the artificial eye is in the correct position.

How to remove your artificial eye

Seated in front of a mirror, tilt your head back and push the lower eyelid down under the edge of the artificial eye. The eye should then slide out over the lower lid. If you find this difficult to do, you may find using a rubber sucker or an extractor helpful. The nurse can show you how to use this.



Keeping your artificial eye clean

All prosthetic eyes can be washed with liquid soap using the thumb and forefinger. Thoroughly rinse the artificial eye and your hands, ensuring all traces of soap are removed before inserting the eye. Always clean the eye over a bowl of water or clean towel, just in case it slips from your grasp. Cleaning of the artificial eye is usually not needed more than once per week and many eyes can be left in place for up to a month without needing cleaning. Any top brand of hard contact lens solution can be used to lubricate the eye. Artificial eyes should be checked and polished once a year by an ocular prosthetist at the RBH.

Visiting Eye Casualty

If you have got a minor eye problem, please seek advice from your GP, optician or pharmacist. If you think your problem might be urgent, please attend Eye Casualty.

- Eye Casualty (Reading): Open Mon-Fri 9am to 5pm; Sat & Sun & bank holidays 9am-12.30pm; Closed Christmas Day and New Year's Day
- Eye Casualty: Prince Charles Eye Unit (Windsor): Open Mon-Fri 9am to 5pm; Sat 9am-12.30pm; Closed Sun & bank holidays

Further information

Visit the Trust website at www.royalberkshire.nhs.uk

This document can be made available in other languages and formats upon request.

Eye Unit, February 2019

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