



**Royal Berkshire**  
NHS Foundation Trust

# Your Herceptin treatment plan

## Patient Diary

Your name: \_\_\_\_\_

- King Edward Ward (KEW) Outpatient  
Chemotherapy Unit Tel: 0118 322 7464
- Cardiology Outpatients Tel: 0118 322 6573
- Berkshire Cancer Centre Clinic Appointments  
Tel: 0118 322 7888

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You are about to commence a course of Herceptin (trastuzumab), this leaflet is to help you book important appointments in a timely fashion for your convenience.

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## Your treatment

Herceptin is a targeted therapy that you will get every three weeks for a total of 18 treatments. Please read the Macmillan leaflet for more details about Herceptin.

It can be given as an intravenous infusion or a subcutaneous injection in your thigh. Your doctor will discuss which treatment is best for you.

Prior to starting Herceptin you will have a baseline echocardiogram done (ECHO). While on Herceptin you will need to have an ECHO done every 12 weeks. The cardiac technician may give you a paper copy of the ECHO result to take with you to clinic.

You will need to see a doctor in clinic every 12 weeks in order that you, the ECHO result and a recent blood result can be reviewed before proceeding on to more Herceptin – this needs to be done after Herceptin number 4, 8, 12 and 16.

Please telephone KEW before 11.00 the day before each Herceptin treatment is due to confirm that you will be attending – this is so your drugs can be prepared. If you don't confirm attendance you will have a wait while the drug is being made, which can take up to 90 minutes.

## Your treatment plan

<b>Week</b>	<b>Treatment</b>	<b>Date</b>
Wk 1	Herceptin 1: This will be a 6 hour appointment. You need to book your next ECHO and clinic appointment.	
Wk 2		
Wk 3		

<b>Week</b>	<b>Treatment</b>	<b>Date</b>
Wk 4	Herceptin 2: This will be a 90 minute appointment for the infusion treatment and 30 minutes for the injection.	
Wk 5		
Wk 6		
Wk 7	Herceptin 3: This will be a 90 minute appointment for the infusion treatment and 10 minutes for the injection.	
Wk 8		
Wk 9		
Wk 10	Herceptin 4 + blood test. This will be a 30 minute appointment (if first 3 treatments were uneventful) for the infusion and 10 minutes for the injection.	
Wk 11	ECHO	
Wk 12	Clinic	
Wk 13	Herceptin 5	
Wk 14		
Wk 15		
Wk 16	Herceptin 6	
Wk 17		
Wk 18		
Wk 19	Herceptin 7	
Wk 20		
Wk 21		
Wk 22	Herceptin 8 + blood test	
Wk 23	ECHO	
Wk 24	Clinic	
Wk 25	Herceptin 9	
Wk 26		

<b>Week</b>	<b>Treatment</b>	<b>Date</b>
Wk 27		
Wk 28	Herceptin 10	
Wk 29		
Wk 30		
Wk 31	Herceptin 11	
Wk 32		
Wk 33		
Wk 34	Herceptin 12 + blood test	
Wk 35	ECHO	
Wk 36	Clinic	
Wk 37	Herceptin 13	
Wk 38		
Wk 39		
Wk 40	Herceptin 14	
Wk 41		
Wk 42		
Wk 43	Herceptin 15	
Wk 44		
Wk 45		
Wk 46	Herceptin 16 + blood test	
Wk 47	ECHO	
Wk 48	Clinic	
Wk 49	Herceptin 17	
Wk 50		
Wk 51		
Wk 52	Herceptin 18	

King Edward Ward, BCC, October 2017. Review due: October 2019.