

You have been seen today

*Date*

in the Emergency Department by:

We recommend the following:

If you have any concerns, please ring 0118 322 7015 and ask for

Please keep this leaflet to hand.

### Contact details

Emergency Department  
Occupational Therapy Team  
Mon - Sun, 8am - 8pm

Tel: 0118 322 7015

If you leave a message on our answer phone, we will call you back as soon as we are able.

The Occupational Therapist will normally be in the Emergency Department at the beginning of every working day to pick up messages and referrals.

Royal Berkshire NHS Foundation Trust  
London Road  
Reading RG1 5AN  
Telephone 0118 322 5111  
[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

Occupational Therapy, February 2000  
Reviewed: March 2019  
Review due: March 2021



Royal Berkshire  
NHS Foundation Trust

# Occupational Therapy Service in the Emergency Department

Information for patients,  
relatives and carers

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This leaflet explains how the Occupational Therapy Service can help you to return home safely after you have visited the Emergency Department (ED).

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### Referrals

A member of the ED staff will refer you to our service. If this happens out of normal work hours or on a weekend or bank holiday, they can leave a message which will be picked up on the next working day.

All patients will be contacted as soon as possible.

### Falls Clinic

If you have had a fall, you may be referred to the Falls Clinic at the Royal Berkshire Hospital – Battle Block Outpatients & Therapies, Level 1 Battle Block. This clinic offers help and advice on how to prevent further falls.

### Ways in which we can help you

- By carrying out a full assessment.
- By talking to you, your relatives and/or community services who may already be involved with your situation.
- By supplying essential items of equipment (such as raised toilet seats) immediately for long- or short-term need.
- By advising on areas of your daily routine which you may be finding difficult, possibly suggesting alternative ways of doing things.
- By referring you to social services if home care is needed.

We will discuss with you, your family and the ED team about how you can manage at home in the safest possible way.

### Who will benefit?

You will benefit from occupational therapy if you have had:

- A fall.
- Upper limb injury – especially to the arm you use most.
- Lower limb injury – especially if weight-bearing is affected.
- A medical condition not needing in-patient hospital care, for example, an infection.
- A minor head injury.

### When will you be referred?

The following risk factors will normally result in you being referred to the occupational therapy service:

- If you live alone.
- If you care for a dependent.
- If you lose function following an accident.
- If you are elderly.
- If you have an existing long-term medical condition.
- If you have existing support services.
- If your family are concerned about you.