

Information for women following amniocentesis or Chorionic Villus Sampling (CVS)

This leaflet has been written to provide you with information following the above tests. If you are unsure about anything then please contact the screening co-ordinators.

Introduction

- You should take life gently for 48 hours after the test. Do not do any strenuous physical exercise such as jogging.
- It is not necessary to go to bed, but choose activities with minimal exertion required
- It is not recommended to fly in the 48 hours after either procedure.
- You may feel sore or bruised where the needle was inserted. This is not unusual or worrying and you can take two paracetamol if you need to.
- You should not have persistent abdominal pain, period pain, labour pains, bleeding or sudden loss of fluid from the vagina.
- If you do experience any of the above please contact the maternity unit on 0118 322 7304. This is a 24-hour line that will direct you to the correct area depending on the time of day.
- Persistent pain (despite taking paracetamol), bleeding or leaking does not always mean that you are going to miscarry but it is advisable to be assessed in the hospital.

Results: Amniocentesis and Chorionic Villus Sampling (CVS)

- Routine amniocentesis and CVS results generally take 3-4 working days.
- Some results can take longer than 3-4 working days. This will be discussed with you at the time of testing.
- The result will be phoned to you on the contact number you have given the team.

Useful contacts

Emergency number 0118 322 7304
Fetal Medicine Midwife 07768 752 563
Antenatal Results & Choices (ARC)
Helpline 0845 077 2290
Website www.arc-uk.org

This document can be made available in other languages and formats upon request.

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