



Royal Berkshire
NHS Foundation Trust

Haematology multi- disciplinary team (MDT)

Information for patients

The multi-disciplinary team

The multi-disciplinary team (MDT) is a team of healthcare professionals with the necessary skills, experience and expertise to diagnose and treat haematological or oncological malignancies. All of them play a part in supporting you and your family throughout your care. MDT meetings are held weekly within your local hospital or regionally by video conference to share expertise.

Some of the team you may meet include:

The haematologist: A doctor who is an expert in treating cancer of the blood/bone marrow and/or immune system, as well as other blood disorders.

The clinical oncologist:

A doctor who specialises in treating cancer of other organs as well as some of the blood/bone marrow and/or immune system. They also specialise in administering radiotherapy.

The clinical nurse specialist:

A nurse who is an expert in the care and support of people with blood disorders/cancers. The clinical nurse specialist can also help you understand anything you might need to know.

The research nurse: A nurse who is responsible for providing information to patients about clinical trials and organising treatment and follow-up care whilst on such trials.

The radiologist: A doctor who is an expert in interpreting x-rays and special scans which provide important information for diagnosing and treating cancer.

The histopathologist:

A doctor who is an expert in looking at biopsy specimens under the microscope to determine the exact type and nature of the lymphoma.

The clinical health psychologist:

A psychologist who specialises in helping people cope with and adjust to the emotional impact that can accompany serious physical illness.

You come first

Everyone in the MDT meets on a regular basis. We will discuss your diagnosis and work out what is thought to be the best treatment for you. Whenever possible, your case will be discussed in the MDT before you start treatment.

We want you to be confident about your treatment plan.

That's why we hope you will want to talk to us and tell us what is important for you. We will always tell you everything you want to know about your condition.

When the MDT has discussed your case, your doctor will see you in clinic to discuss the proposed treatment options.

In some urgent cases treatment may need to be started without prior discussion at the MDT meeting. In these cases the clinician will try to discuss treatment plans with the other members of the MDT.

Any questions?

If you are worried or do not understand something you have heard, your clinical nurse specialist (or research nurse if you are on a clinical trial) is there to help. Your nurse will act as your key worker throughout your care with us and will be a point of contact for information and advice. The nurse will provide a link between yourself and the other members of the MDT if you have any questions.

Contacts:

Leukaemia and High dose Therapy Clinical Nurse Specialist	0118 322 5111 bleep 440
Myeloma & Oral Chemotherapy Clinical Nurse Specialist	0118 322 5111 bleep 094
Lymphoma Clinical Nurse Specialist:	0118 322 5111 bleep 446
Research Nurse:	0118 322 8799 / 7247
<u>Haematologists:</u> Dr Grech Dr Sampson Dr Mucklow Dr Khan Dr Pratap	Contact Clinical Admin Team (CAT 8): Tel: 0118 322 1888 Email: rbb-tr.cat8@nhs.net or cat8@royalberkshire.nhs.uk
<u>Oncologist:</u> Dr Adam's secretary	0118 322 7877
<u>Wards:</u> Adelaide Ward (inpatients) West Ward (day patients 8.30am – 5pm, Mon-Fri)	0118 322 7470 0118 322 7464
<u>Clinics:</u> Berkshire Cancer Centre (9am – 5pm) Radiotherapy (9am – 5pm)	0118 322 7888 0118 322 7890

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