

Bronchoscopy aftercare advice for patients

Today you have had a bronchoscopy (an examination of your airways using a flexible tube). You are unlikely to have any serious side effects but please be aware of the following:

- You must NOT drink alcohol, drive a car, operate any machinery or sign any legal documents until the next day.
- You may feel drowsy for several hours.
- You may eat and drink 1.5 hours post procedure, although you are likely to have had a drink before you left the hospital today.
- You may have a sore throat and nose for a few hours and sometimes the next day, especially if you have been coughing frequently.
- You may experience some coughing and see some blood-stained sputum. This should settle down. If you cough up a large amount of fresh blood you should seek medical advice/assistance from your GP or the Endoscopy Unit.
- You may have some chest discomfort or a mild temperature. A simple painkiller, such as Paracetamol should relieve this. Please follow dosage instructions on the packet.
- If you experience sudden shortness of breath, seek urgent medical attention immediately.

Further information

Endoscopy Unit (Mon-Fri 9am-5pm) on 0118 322 7458 / 7459 or out of hours and at weekends, please ring Kennet Ward on 0118 322 7491 / 8749 up to 48 hours after your procedure.

More information is available on the Trust website:

www.royalberkshire.nhs.uk

This document can be made available in other languages and formats upon request.

Endoscopy Unit

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