

Valuables

Patients are responsible for their own belongings, including spectacles and dentures. However, we can lock cash, bank cards etc in the ward safe until a relative/friend can take them home for safekeeping. Please keep cash to £10 maximum.

Essential items to bring in

- Soap, flannel, hairbrush, toothbrush and toothpaste.
- Slippers and practical shoes for physiotherapy sessions.
- Day clothing for patient comfort and to promote a normal routine.
- Books, magazines, pens, paper.
- Snacks, bottle of squash.

If you would like to donate any good condition books, puzzles, games etc, the ward would be very grateful.

Car parking

Public parking is pay on foot and is located on Levels 0-3 of the multi-storey car park.

Permits for free and concessionary parking are given to visitors of long stay patients or those receiving end of life care.

Enhanced recovery

Mortimer is an enhanced recovery ward. This means there are certain milestones that we will help you achieve in order to leave hospital safely and at the right time.



Get out of bed and stretch your legs with help from the therapists.



Get washed and dressed in your day clothes.



Drink plenty of fluids to help keep you hydrated and eat regular meals.



Be involved in decisions about your care. Let us know if you want your family/carer to be involved in decisions.



Doctors will monitor you and your medications regularly.



How are you getting home? Once you have a discharge date, book a lift with a family member or friend.

This leaflet can be made available in other languages and formats upon request.

ELD_1030 Mortimer Ward, May 2019
Review due: May 2021



Royal Berkshire
NHS Foundation Trust

Welcome to Mortimer Ward: Elderly Care Unit

Information for patients,
relatives and visitors

Mortimer Ward is an acute medical ward for older patients. Our goal is to enable each patient to become as independent and self-caring as possible.

You/your relative have been admitted to the Elderly Care Unit to be given specialised care. Our patients are under the care of a consultant and their team of doctors, one of whom will visit daily. A consultant generally does a ward round twice a week. Our ward consultants are Dr Chatterjee, Dr Dean and Dr Joyce. Patients may also receive treatment and advice from physiotherapists, occupational therapists, speech and language therapists, a dietitian and clinical nurse specialists.

Contact details

Mortimer Ward: 0118 322 5241/5329
Clinical Admin Team (CAT 10):
0118 322 5474
email: rbbh.CAT10@nhs.net

Visiting times

The ward has open visiting but we advise visiting between 9.30am and 8.30pm. Please avoid visiting during meal times (12pm and 5pm) although those who wish to assist with feeding are welcome to stay.

Please keep visitors to no more than two at the bedside at any one time. Please use the day room if large numbers visit. Children are welcome, under supervision although we recommend that babies under one year do not visit the ward. Flowers are allowed but please keep these to one arrangement at a time as space is limited.

Medical updates

If you have any questions about treatment, discharge plans, aftercare, or other matters, our team is happy to help. Information is usually only discussed with the patient's next of kin, unless the patient gives consent for it to be discussed with others. Please nominate one relative as the main point of contact; they can then share information with other family members.

Please avoid calling with telephone enquiries during meal times and between 8am and 9am when staff and patients are involved in ward and medication rounds.

We can only give limited information over the phone so please visit the ward if you want a medical update.

Speaking to a doctor

Before booking an appointment with a doctor, please speak with the patient's named nurse. If they are unable to help you with any concerns, you should then seek an appointment with a doctor.

Appointments for the next of kin to speak with a doctor can be made through the ward clerk or medical support worker. The appointments are arranged for 15 minute slots which can take place on the ward or over the phone on Mondays, Tuesdays and Thursdays. Urgent appointments may be considered on Wednesdays and Fridays.

Meetings with the consultant are to be made via the Clinical Admin Team (CAT 10).