



Royal Berkshire  
NHS Foundation Trust



## Welcome to Hurley Ward

Information for parents, relatives & carers

Tel: 0118 322 7335 / 7336

Patient's name: \_\_\_\_\_

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Hurley Ward is a complex discharge ward located on level 5 of the Maternity Block in the Royal Berkshire Hospital. We focus on rehabilitating older people to enable them to recover, regain strength, skills and function prior to returning home. Our consultant is Professor Margot Gosney, tel: 0118 322 6768.

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### Ward information

- There is open visiting but visitors may be asked to wait outside during consultant ward rounds or when privacy is needed.
- Car parking is 'pay on foot' and the nearest parking for Hurley Ward is on levels 0-3 of the multi storey car park.
- Please ring after 10am for general enquiries about patients. Please allocate one person to co-ordinate calls to the ward and share information with other relatives.
- Breakfast, lunch and evening meals are served at approximately 8.30am, 12.30pm and 5.30pm.
- Bedside televisions are pay as you go. Pre-paid cards are available from the machine on the ward and down on level 2.
- Books, board games and free WiFi are available on the ward. The League of Friends shop on level 2 sells newspapers, drinks, snacks and hot drinks.
- During term time, students from Reading Hairdressing College visit the ward twice a week. Student beauticians also carry out hand care once a week for those who wish it.

### Useful items to bring in

- Basic toiletry items such as toothbrush and toothpaste, soap, flannel, deodorant and shaving equipment.
- Supportive, flat slippers and practical shoes (such as trainers) recommended for physiotherapy sessions. (Toiletries and Velcro slippers are available from the League of Friends shop on level 2 in Maternity Block.)
- Nightwear and day clothes.

## What happens on the ward?

Patients will be encouraged and supported to regain maximum independence and function. Activities on Hurley Ward include:

- Setting goals on which you wish to focus.
- Completing exercises and activities provided by the therapy team.
- Playing an active part in the rehabilitation process, including engaging in opportunities to practice skills and abilities.
- Participating in social dining.

Rehabilitation is not restricted to the times spent with therapists and you will be encouraged to be fully involved in feeding yourself, washing and dressing, getting in and out of bed and visiting the toilet. These are all important parts of a 24 hour approach to rehabilitation.

## Our multi-disciplinary team

- Doctors will monitor your medical conditions, check your medication and will recommend continuing care by your GP for when you leave hospital.
- Nurses will support your personal care, administer your medication and will support your health and wellbeing.
- Occupational therapists (OTs) aim to improve your ability to carry out everyday activities in your home environment.
- Physiotherapists (physios) aim to support you to achieve your maximum functional ability, including moving safely, stairs, and getting in and out of bed and chairs.
- Social workers visit the ward from various local authorities.
- You may also get visits from speech and language therapists (SALTs), healthcare assistants (HCAs) and dietitians.

## Expectations

In order to help your recovery and to ensure you are fully prepared to leave hospital you will need to take an active part in your care and rehabilitation. This will help you to regain your independence.

Our aim is to:

- Provide you with information about your medications and when to take them.
- Ensure you are eating and drinking properly.
- Encourage you to wear your own clothes and safe footwear.
- Explain your discharge plans and available community support.

### Preparing to leave hospital

<b>My goal is</b>	<input type="text"/>
<b>My therapy plan</b>	Access visit <input type="checkbox"/> Kitchen assessment <input type="checkbox"/> Physiotherapy <input type="checkbox"/> Washing/dressing assessment <input type="checkbox"/> Groups <input type="checkbox"/> Mobility/transfer/stairs practice <input type="checkbox"/>
<b>Home needs plan</b>	Package of care <input type="checkbox"/> Pendant alarm <input type="checkbox"/> Community rehabilitation <input type="checkbox"/> Contenance aids <input type="checkbox"/> Short-term support <input type="checkbox"/> Medication <input type="checkbox"/> Equipment/rails <input type="checkbox"/> Ongoing Nursing needs <input type="checkbox"/>

### Leaving hospital (discharge)

**Estimated discharge date:** \_\_\_\_\_

Summary (reason for change): \_\_\_\_\_

**Please arrange your own transport home if possible.** *There is free parking in the multi storey car park for 30 minutes.*

### Equipment recommended for discharge:

*To return NRS equipment please phone 0844 893 6960.*