

need to discuss any concerns about you or your relative/friend's care or future plans. Please don't hesitate to ask a doctor or a nurse to explain care or discharge plans. Telephone enquiries unfortunately have to be brief due to confidentiality. An appointment can be made for a meeting with the consultant, with the patient's consent.

Contact details

The direct ward phone number:
0118 322 6733 or 0118 322 6734
Justina Bangura – Ward Sister
0118 322 7608
Clinical Admin Team (CAT 10)
Tel: **0118 322 5474**
Email: rbbh.CAT10@nhs.net

Consultant

Dr Pearson

Friends and Family Test

You will be asked to give feedback by answering the government's Friends & Family test question – *How likely are you to recommend our service to family and friends if they needed similar care or treatment?* - by filling in a card given to you before you leave hospital.

Website: www.royalberkshire.nhs.uk
Enhanced recovery

Burghfield Ward is an enhanced recovery ward. This means there are certain milestones that we will help you achieve in order to leave hospital safely and at the right time.



Get out of bed and stretch your legs with help from the therapists.



Get washed and dressed in your day clothes.



Drink plenty of fluids to help keep you hydrated and eat regular meals.



Be involved in decisions about your care. Let us know if you want your family/carer to be involved in decisions



Doctors will monitor you and your medications regularly.



How are you getting home? Once you have a discharge date, book a lift with a family member or friend.

Welcome to
Burghfield
Ward: Elderly
Care Unit
Information for patients,
relatives and visitors

Burghfield Ward is an acute medical ward for older patients. Our goal is to enable each patient to become as independent and self-caring as possible, where appropriate.

You / your relative have been admitted to the Elderly Care Unit to be given specialised care.

Your relative will be under the care of Dr Pearson. Under his direction, is a team of doctors, one of whom will be responsible for the patient's day to day care and who will visit daily. The consultant generally does a ward round three times a week on Mondays, Tuesdays and Wednesdays.

Patients may also receive treatment and advice from physiotherapists, occupational therapists, speech and language therapists and a dietitian.

Essential items to bring in

- Toiletry items such as soap, flannel, hairbrush, toothbrush & toothpaste.
- Slippers and practical shoes. Night and day wear.
- Books, magazines, pens, paper.
- Snacks, bottle of squash.

Valuables

Patients are responsible for their own belongings. However, we can lock cash and bank cards etc in the ward safe until a relative/friend can take them home for safekeeping. Please keep cash to £10 maxi. in the locker for newspapers etc.

Visiting

Open visiting:

No visiting during meal time (5pm-6pm) although relatives/carers who assist with feeding are welcome.

Please keep visitors to no more than two at any one time. Feel free to use the patient lounge for visiting. Children are welcome, under supervision.

Flowers - please limit these to one arrangement at a time as space is limited by each bed space.

Medical information

If you have any questions about your treatment, aftercare or any other matters, please ask the doctor, nurse or therapist; who will be happy to help.

Telephone enquiries

If you are unable to visit the ward, we are able to give limited information over

the phone. Please aim to ring after 10am for general enquiries.

Please nominate one relative as main contact to maintain good communication.

Refreshments

Visitors are welcome to use the hospital restaurant on level 1 in South Block or there are cafes on level 2 in the main entrance and in the conservatory on level 1 in Battle Block. Ask a member of staff for directions.

Car parking

Public parking is pay on foot (take ticket at entry barrier and pay at pay point machine before leaving) and the nearest parking is located on Levels 0-3 of the multi-storey car park. Disabled parking bays are clearly marked.

Mobile phones

You can use mobile phones in public/communal areas but not on the wards, without permission. Be sensitive to the needs of others when using your phone. Entertainment systems are at the bedsides with charge cards available from a machine near the ward entrance.

Talk to us

Please talk to a staff nurse or the ward sister if you have further questions or