



Royal Berkshire
NHS Foundation Trust

Your bisphosphonate treatment plan

Patient Record

Your name:

You are about to commence a course of bisphosphonates. This record will help you to remember your appointments.

Your treatment

Bisphosphonates are bone-strengthening treatments and can also be used to prevent bone disease. They can be an intravenous infusion (zometa) that is given every 3 or 4 weeks, 3 months or 6 months. Your doctor will let you know how often. It can also be a monthly injection in your arm (denosumab).

You will need to have a blood test within 7 days of treatment for routine monitoring.

Prior to starting either treatment it is important that you have a dental check up and schedule any dental work. You will also need to see your consultant's team for regular clinic reviews to monitor your progress.

Your treatment plan

Treatment	Type	Date
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Contact us

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This document can be made available in other languages and formats upon request.

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