



Royal Berkshire
NHS Foundation Trust

Bereavement support

Information for parents of babies
who have died in hospital

Contact us:

Buscot Ward

Telephone 0118 322 7430 / 7436

Email: buscotward@royalberkshire.nhs.uk

Patient Relations

Telephone 0118 322 8338

Email: talktous@royalberkshire.nhs.uk

Contents

<i>Introduction</i>	3
<i>What happens to my baby?</i>	3
<i>What happens next?</i>	3
<i>Will a post mortem be carried out?</i>	4
<i>Hospital post mortem</i>	4
<i>Registering the death</i>	4
<i>Registration of births, marriages and deaths</i>	5
<i>At the Register Office</i>	5
<i>What information to bring with you</i>	5
<i>What the Registrar will give you</i>	6
<i>Arranging the funeral</i>	6
<i>Who can help and support you?</i>	6
<i>The Chaplaincy</i>	7
<i>Talk to us/Patient Relations</i>	7
<i>Other Trust leaflets</i>	7
<i>Child Death Review Process</i>	8
<i>Useful organisations</i>	8
<i>Other useful numbers</i>	10

We wish to offer our sincere sympathy to you, your family and friends in your bereavement.

Introduction

Bereavement is a time of grief and sorrow – this is a natural and normal part of your loss. It is also unfortunately a period during which a number of matters must be dealt with. All of this can prove bewildering and stressful and we hope this booklet will help and assist you during this difficult time.

It may help to see your baby after death. A member of staff on Buscot Ward can arrange this.

The consultant on the unit at the time will be available to see you.

Your baby's named consultant will offer you an appointment about six weeks after your baby's death to answer any questions you may have.

An appointment with an obstetrician can be arranged.

You may find it helpful to write down your questions, as sometimes it's hard to remember everything you wanted to ask.

Your baby's belongings will be returned to you or you may decide to leave them with your baby.

What happens to my baby?

Your baby will be taken to the hospital mortuary, until released to the family or a funeral director of your choice. The mortuary is open 7am to 4pm Monday to Friday excluding Public Holidays. Outside of these hours please contact the duty mortuary technician via hospital switchboard (0118 322 5111).

The funeral director or family member collecting your baby from the mortuary will need to provide a copy of the green certificate (Form 9) which you will be given by the Registrar upon registering the death.

What happens next?

In most cases, the unit will give you a medical certificate stating the cause of death before you leave the hospital. However, sometimes you may be asked to come back to the unit at a later date to pick up the certificate. Staff will be happy to bring the certificate to you away from the clinical area if you prefer.

You can contact a funeral director immediately. You do not need to wait for the medical certificate to be issued.

Will a post mortem be carried out?

A coroner can request a post mortem examination. This is unusual. The hospital can request that a post mortem examination is carried out, **but only with your consent.**

You can request that a post mortem be carried out.

Registering the death

Once you have the medical certificate you must register your baby's death at the Register Office.

The birth and death may be registered at the same time.

If you want to register your baby in the father's name and you are not married then both of you will need to be present at the Register Office.

The death must be registered within five working days at the Register Office for the area in which the death occurred.

You will need to make a prior appointment, tell them you are coming to register both the birth and death if that is applicable.

If you are unable to get to the Register Office in this area, you can go to a Register Office in your hometown in England or Wales but they will not register the death. The details will be passed on to the Registrar for the area in which your baby died and the certificate will

What the Registrar will give you

- A green certificate (Form 9), which you should give to your funeral director as soon as possible. There is no charge made for this. The mortuary will also need a copy of the green certificate (Form 9) in order to release your baby to the appointed undertaker or family member.
- A notification or registration of death form (BD8) for use in connection with Department of Work and Pensions benefits. This is also free.

Arranging the funeral

You can contact a funeral director as soon as it is convenient after the death. They will help you and advise you with the necessary arrangements.

Most funeral directors do not charge for the funeral of babies. You can find a list of local funeral directors in the *Yellow Pages* directory.

Unless you have already done so, the funeral director will notify your chosen religious cleric or lay representative and he or she may visit you to talk about the funeral service.

Burials may be in a churchyard, local authority or private cemetery. The same applies to cremated remains that may be buried or scattered in a garden of remembrance or a favourite place. Please remember that if you wish to use your own garden, you may some day want to move house (ask for the Trust leaflet entitled *Burial on private land*).

Who can help and support you?

Alongside your family and friends, you're GP, health centre staff, social worker or religious community may offer support. At the end of this booklet there is a list of local and national organisations that may

be able to give you practical and emotional help, advice and support at this difficult time.

The Chaplaincy

The Trust has a team of chaplains providing for different faith and belief groups who are available to offer you support and guidance in your grief. You can ring the chaplains directly on: 0118 322 7105 or you can ask a member of staff, the receptionists or the switchboard to page them.

Talk to us / Patient Relations

If you have a comment about the service we provide – positive or negative – we really would like to hear it. Your feedback will help us to improve and develop our service. Please speak to a member of the nursing staff on the ward.

If you would prefer not to speak to the nursing team, the Patient Relations Team can offer you ‘on the spot’ support and advice, as well as practical information at a time when you may feel confused and anxious. Patient Relations can be contacted on 0118 322 8338 or ask a member of staff, the receptionists or the switchboard to contact them. They can also be contacted via Email: talktous@royalberkshire.nhs.uk.

If you still have questions regarding the care or death of your baby, Patient Relations can help facilitate a meeting with the consultant responsible for their care.

Other Trust leaflets available

Please ask the ward staff if you would like a copy of any of the following:

- *Caring for your child's body at home*
- *Burial on private land*
- *Bereavement Support*
- *Talk to us*

Child Death Review Process

From April 2008 the government asked Local Authorities to set up a process to review all child deaths. The Chair of the Child Death Overview Panel for Berkshire has written a letter to tell parents about this process; a copy of that letter will be given to you.

Useful organisations

Child Bereavement Charity

Tel: 0800 028 8840 support @child bereavementuk.org

Information for bereaved children and families

Child-Death Helpline

0800 282986/0808 800 6019

Lullaby Trust

0808 802 6868

The Cot Death Society

Tel: 01635 861771

Cruse Bereavement Care Tel: 0844 477 9400 (National)

Tel: 01635 523573 (Regional)

Cruse is a support group for all bereaved people.

Daisy's Dream

Tel: 0118 934 2604 www.daisysdream.org.uk

Support service for bereaved children in the Berkshire area.

Foundation for the study of infant deaths

Tel: 0118 934 2604 www.sids.org.uk

Stillbirth and Neonatal Death Society Tel: 0207 436 5881

helpline@uk-sands.org

Sudden Death Association

Tel: 0118 988 9797

Winston's Wish

Tel: 0145 239 4377

Information and advice for bereaved children.

Other useful numbers

Citizens Advice Bureaux

Minister Street, Reading RG1 2JB **Tel: 0845 071 6379**
 Henley **Tel 01491 572 129**
 Tadley **Tel 0118 981 7660**

Reading Register Office Tel: 0118 937 3533

The Samaritans

Tel: 0845 790 9090 www.samaritans.org

National Association of Bereavement Services

Tel: 0207 709 9090

National Bereavement Helpline

Tel: 0845 226 7227

Notes

Royal Berkshire NHS Foundation Trust
London Road
Reading RG1 5AN
0118 322 5111 (switchboard)
www.royalberkshire.nhs.uk

This document can be made available in other languages
and formats upon request.

Buscot Ward, May 2017
Review due: May 2019