

Pelvic Pain?

Lower back or hip pain?

Bladder or bowel problems?

**Heaviness or dragging
sensation in your vagina?**

If you have any of these issues in your pregnancy or since giving birth* our physiotherapy pelvic health service may be able to help.

Scan the QR code to complete the form and we will contact you to arrange an appointment



*This service is for pregnant women and women with babies under a year old only