



# Paediatric virtual allergy triage clinic

## What to expect at your / your child's virtual allergy triage clinic appointment.

### What does this clinic involve?

This nurse-led virtual allergy clinic is here to support families following admission to the Emergency Department (A&E) or the paediatric ward following an allergic reaction / anaphylaxis. The paediatric allergy nurse will call you to ask questions about your child's reaction and their diet as well as their medical history.

**You DO NOT need to attend the hospital for this appointment. The clinic is held via telephone call.**

### What do these virtual appointments involve?

The appointment is for advice and support only. The paediatric allergy nurse will ask you questions concerning the food(s) that your child is including in their diet. She will discuss the allergic reaction(s) that have been observed, and any other concerns.

The paediatric allergy nurse will arrange any further training required for families and advise on avoidance of foods. She will then arrange further appointments and allergy testing as necessary.

### When and how often will these virtual 'follow-ups' be?

The paediatric allergy nurse will call you ideally within two weeks of the allergic reaction / anaphylaxis. The phone call is generally a 'one off'. **While you are waiting for this appointment, please continue to avoid the food(s) that caused the allergic reaction.**

### If you have any questions about this clinic, please contact:

Lucy Stanton, Allergy Administrator on 0118 322 7224 or email: [rbft.paediatricallergy@nhs.net](mailto:rbft.paediatricallergy@nhs.net)  
While the clinic is running, we are unable to take calls but answerphones are in use so please leave a message.

**Your virtual clinic appointment is at: \_\_\_\_\_ \* on \_\_\_\_\_**

*\*Approximate times due to unforeseen delays caused by prolonged phone calls/discussions.*

**Please ask if you need this information in another language or format.**

RBFT Paediatric Virtual Allergy Clinic, May 2024. Next review due: May 2026

Compassionate

Aspirational

Resourceful

Excellent