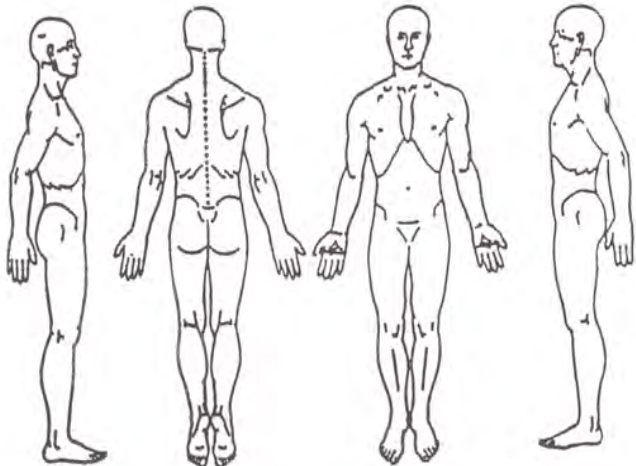




Axial Spondyloarthritis (AS) self-referral for therapy

Please read the following points before completing this self-referral form:

- The AxSpA self-referral service allows direct access to physiotherapy or occupational therapy for patients already diagnosed with Axial Spondyloarthritis / Ankylosing Spondylitis / Psoriatic Spondyloarthropathy and who have previously been seen by the Royal Berkshire Rheumatology Department or a member of the therapy team.
- The answers provided in this form will be used by the therapy team as part of their assessment with you at your first appointment. Following your assessment, the therapist will decide what treatment, if any, they can offer you.
- If you are currently receiving treatment elsewhere for your symptoms, please let us know as it may not be beneficial to have treatment ongoing in two different locations.

Name	
DOB	
Email address	
Hospital number (MRN)	
Diagnosis	
What medication are you currently taking?	
Please give a short summary of the problem	
Please indicate on the diagram where the problem is.	
How long have you had your current symptoms?	
What do you hope to gain from seeing the therapist that will help you in your everyday life?	

Date: ____/____/____

Completed self-referral forms can be emailed to rbft.physiotherapy@nhs.net or posted to: Physiotherapy East, Craven Road, Reading RG1 5LE.