



Renal Remote Monitoring

This leaflet explains Renal Remote Monitoring can help you manage your kidney condition.

What is Renal Remote Monitoring?

Remote Monitoring is a safe and effective way to monitor your condition without coming in for hospital appointments.

How does it work?

You need to have regular blood and/or urine tests at your local GP surgery or hospital. We will give you the forms for the tests. Ideally, you will also have access to Patient Knows Best, the online social enterprise and technology platform, on your computer or phone, so you can log in to access everything from appointment letters, care plans and test results. On Patient Knows Best you can use specially designed tools to monitor and track your renal condition.

What happens to the test results?

A renal clinician will review your blood results during the week commencing the date of the appointment. You will only be contacted if there are significant changes to your blood results.

What to do between reviews

If there is a change in your condition, please see your GP in the first instance. We also have an advice line. The **Advice Line** number is: **0118 322 6993**, available Monday-Friday 8am-4pm.

Useful contacts

Kidney Care UK www.kidneycareuk.org

Patient Knows Best <https://patientknowsbest.com>

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Department of Renal Medicine, February 2026.

Next review due: February 2028.