



# ERCP aftercare advice

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Today you have had an endoscopic retrograde cholangio pancreatography (ERCP) – an examination of your biliary and pancreatic system. You are unlikely to have any serious side effects but please be aware of the following information and advice.

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## What to expect after your procedure

- Your throat may feel slightly sore for a few hours.
- You may feel drowsy for several hours.
- You may feel a little bloated if some air used in the procedure has been left inside. These things will pass and there is no need for any medication.
- Please be aware that:
- You must **not** drive for 24 hours.
- You must **not** operate machinery, drink alcohol or sign any legal documents until the next day.
- You may eat and drink normally on your return home.

**Serious side effects from this procedure are very uncommon:** however, if you have any problems with:

- A persistent sore throat
- Worsening chest pain or
- Abdominal pain
- Fever / shaking / sweating – generally feeling very unwell.

**Please contact your GP immediately**; informing them that you had an ERCP procedure.

## Contact information

Up to 7 days after your procedure, contact the Endoscopy Unit (Mon-Fri 9am – 5pm) on 0118 322 7458 / 7459. Out of hours and weekends, ring Sidmouth Ward on 0118 322 7467 / 7468.

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**



Endoscopy Unit Survey