

Call the Maternity Triage Line 0118 322 7304 (open 24 hours a day, 7 days a week)

If you experience any of the following from 16 weeks:



Spotting, bleeding
or leaking fluid



Constant vomiting



Leg(s) that are painful,
swollen, hot to touch, red or
discoloured or have hard veins



Sharp or continuing
abdominal pain



Blurred vision, seeing
spots, swelling in
face, hands or legs



Persistent severe
headache



Itching, especially
on hands and feet



If you think you are
in labour



Feeling unwell or
have a high
temperature



A change to your
baby's usual pattern of
movements

If you are less than 16 weeks pregnant and have any concerns please contact your GP or 111