



Welcome to Kempton Day Bed Unit

Welcome to Kempton Day Bed Unit, located on Level 3 in Centre Block at the Royal Berkshire Hospital. We provide care for children and their families undergoing surgery, blood tests and other procedures. This leaflet outlines what to expect when your child comes to the unit.

On admission

On the unit you will be looked after by a small team of nurses. We also have a play team, who work across the paediatric units and who will provide activities and distraction for your child.

Please ensure one parent / carer stays with your child at all times while they are in the unit.

On arrival, the nurse and play leader will introduce themselves to you. During the admission, the nurse will weigh your child and measure their temperature, heart rate and respiration rate. If your child is having a procedure, you will then meet the anaesthetist and surgeon, who will explain the procedure and answer any questions you may have. You will then be asked to sign a consent form to say you understand the benefits and risks of the procedure and wish to go ahead.

Families are welcome to bring their own food and we can provide you with water, tea and coffee. A folder on the bedside also has a list of all available food outlets in the hospital. Please ask a member of staff for assistance if you need directions.

Car parking

Parking is pay on exit (pay at pay point machine or via the APCOA app before leaving) and the nearest parking is located on Levels 0-3 of the multi-storey car park. Disabled parking bays are clearly marked. Payment machines are available on levels 0, 1, 2 and 3 in the car park.

Parking permits are no longer provided unless families are staying overnight.

Discharge

When your child is well enough to leave the unit after their test or procedure, you will be given information about what has been carried out and what happens next in written form on discharge. If your child requires any medication to take home, this will be explained to you.

Please complete a Friends and Family Test questionnaire, so we can learn how we can improve our care in the future. This can be done by scanning the QR code in the bedside folders.

Contact information:

Kempton Day Bed Unit: 0118 322 7512

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Paediatric Unit, February 2026. Next review due: February 2028.