

Amniocentesis and Chorionic Villus Sampling (CVS) testing – information for women

This leaflet has been written to provide you with information following the above tests. If you are unsure about anything then please contact the screening co-ordinators on 07768 752 563.

What should you do following the test?

- You should take life gently for 48 hours after the test. Do not do any strenuous physical exercise such as jogging.
- It is not necessary to go to bed, but choose activities with minimal exertion required and avoid physical exercise.
- It is not recommended to fly in the 48 hours after either test.
- You may feel sore or bruised where the needle was inserted. This is not unusual or worrying and you can take the recommended dose of paracetamol if you need to.
- You should not have persistent abdominal pain or pains that feel similar to period pain, labour pains. There should be no bleeding or sudden loss of fluid from the vagina.
- If you do experience any of the above please contact the maternity unit on **0118 322 7304**. This 24-hour line will direct you to the correct area, depending on the time of day.
- Persistent pain (despite taking paracetamol), bleeding or leaking does not always mean that you are going to miscarry but it is advisable to be seen in the hospital.

When to expect your results

- Routine amniocentesis and CVS results generally take 3-4 working days.
- Some results can take longer than 3-4 working days. This will be discussed with you at the time of testing.
- The result will be phoned through to you on the contact number you have given the team.

Useful contacts

- Emergency contact number/Screening midwives: 07768 752 563
- Antenatal Results & Choices (ARC) - Helpline 0845 077 2290 Website www.arc-uk.org

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Screening Midwives, March 2018

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Compassionate

Aspirational

Resourceful

Excellent