

Amniocentesis and Chorionic Villus Sampling (CVS) testing – information for women

This leaflet has been written to provide you with information following the above tests. If you are unsure about anything then please contact the screening co-ordinators.

Introduction

- You should take life gently for 48 hours after the test. Do not do any strenuous physical exercise such as jogging.
- It is not necessary to go to bed, but choose activities with minimal exertion required
- It is not recommended to fly in the 48 hours after either procedure.
- You may feel sore or bruised where the needle was inserted. This is not unusual or worrying and you can take the recommended dose of paracetamol if you need to.
- You should not have persistent abdominal pain, period pain, labour pains, bleeding or sudden loss of fluid from the vagina.
- If you do experience any of the above please contact the maternity unit on 0118 322 7304. This is a 24-hour line that will direct you to the correct area depending on the time of day.
- Persistent pain (despite taking paracetamol), bleeding or leaking does not always mean that you are going to miscarry but it is advisable to be assessed in the hospital.

Results: Amniocentesis and Chorionic Villus Sampling (CVS)

- Routine amniocentesis and CVS results generally take 3-4 working days.
- Some results can take longer than 3-4 working days. This will be discussed with you at the time of testing.
- The result will be phoned to you on the contact number you have given the team.

Useful contacts

Emergency contact number: 0118 322 7304

Screening Midwives: 07768 752 563 / 0118 322 8507 or 7292

Antenatal Results & Choices (ARC)

Helpline 0845 077 2290

Website www.arc-uk.org

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Screening Midwives, March 2018

Amended: May 2021. Next review due: July 2022

Compassionate

Aspirational

Resourceful

Excellent