



Peri-Operative Medicine Clinic

This leaflet explains why you have been referred to this clinic and what to expect at your appointment.

What is the aim of the Peri-Operative Medicine Clinic?

The purpose of this clinic is to address and make sure that any existing health problems are well controlled so that your planned operation goes as well as possible. You may also have been referred if you have had falls or required more help at home recently, or if you have been unwell or confused after a previous operation. This extra appointment should not delay your operation date.

Who will I see at the appointment?

You will have been referred by your anaesthetist / surgeon or pre-operative assessment team. You will be seen by a doctor from the Elderly Care Team who has a special interest in perioperative medicine (the care of patients in the operative period).

Getting the best out of your clinic appointment

- Your appointment will take approximately 45 minutes.
- Please remember to bring your medication list with you.
- Please contact your GP to organise hospital transport if you need it.
- Dress in loose fitting and comfortable clothing for mobility assessments and examinations, if required.
- Further tests and investigations may be organised for you but we will endeavour to ensure they are completed well before your surgery date.
- If you have any concerns or questions about the appointment or would like to discuss if further, please contact the team on the number below.

Further information

If you find it difficult to attend appointments in person, there is an option to be reviewed via a video call. Please contact the Elderly Care Admin Team (CAT 10) on 0118 322 5474 or email rbb-tr.cat10@nhs.net to arrange this.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Elderly Care Team, May 2026. Next review due: May 2028.