



Royal Berkshire
NHS Foundation Trust

Hair Advisory Clinic

Information and Support at the
Berkshire Cancer Centre

 0118 322 8722

 julia.nikomanis@royalberkshire.nhs.uk

This leaflet explains how the Hair Advisory Clinic can support you if you are suffering from hair loss.

Hair Advisory Clinic

We are here to support you to manage hair loss. Your hair loss may have been caused by a treatment given for cancer or you may have been referred from the Dermatology team here at the Royal Berkshire Hospital and suffer from alopecia for another reason. We offer support, advice, and a chance for you to try on wigs and head scarves from our vast range. The clinic is held in a comfortable and private space, for you to explore your options. We can also offer information on alternative wig suppliers, and sign post to other services that might help you at this time.

The clinic is available to people who have received cancer care or who have been referred by the Dermatology team at the Royal Berkshire NHS Foundation Trust.

Designed for you

We offer a flexible service, for you to make an appointment at a time which best suits you. You can also bring a friend or family member along with you for support.

How can it help you?

We can help by offering you time to discuss your concerns regarding hair loss, give advice on what to expect after treatment has started and what is available through the NHS, such as a subsidised wig.

We can also signpost you to other services such as:

- Macmillan support
- Look Good Feel Better
- My Cancer My Choices
- Cancer Champions
- Cancer rehab
- Enhanced supportive care
- External wig providers
- Online information and support groups.

Initial appointment:

We offer an initial appointment of 45 minutes, for you to come along and discuss hair loss with a hair advisor. During this time, you will have the chance to try on wigs from our range. Wigs can then be ordered in a colour that suits you, and a follow up appointment will be made once the wig has arrived, so that it can be fitted.

Follow up appointment

During the follow up appointment you will have another chance to try on the wig and decide if the wig is right for you. If you decide to take the wig, then a prescription charge will be applied. Certain state benefits may qualify you for a free wig, this can be discussed with the hair advisor during the consultation.

Prescription charges change annually. For further information please visit: [NHS prescription charges from 1 May 2024 - GOV.UK](https://www.gov.uk/nhs-prescription-charges)
(www.gov.uk)

How do you get more information?

If you would like any further information, or to make an appointment in the clinic please call: **0118 322 8722** leave a message and a hair advisor will get back to you. Alternatively, you can email julia.nikomanis@royalberkshire.nhs.uk.

Once we receive your referral we will contact you via phone (please be aware our call may appear as 'caller unknown') to discuss your concerns and assess how we can best advise and support you.

We work in partnership with the **Macmillan Cancer Information Centre** at the Royal Berkshire Hospital, which provides free information and support services for anyone affected by cancer. To contact them directly telephone: **0118 322 8700** or email: macmillan.information@royalberkshire.nhs.uk

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

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MACMILLAN
CANCER SUPPORT