

Haematology multidisciplinary team (MDT)

Information for patients

Haematology Clinical Admin Team (CAT 8):

0118 322 8145 rbb-tr.cat8haematology@nhs.net

This leaflet outlines the roles within the MDT.

The multi-disciplinary team

The multi-disciplinary team (MDT) is a team of healthcare professionals with the necessary skills, experience and expertise to diagnose and treat haematological or oncological malignancies. All of them play a part in supporting you and your family throughout your care. MDT meetings are held weekly within your local hospital or regionally by video conference to share expertise.

Some of the team you may meet include:

The haematologist: A doctor who is an expert in treating cancer of the blood/bone marrow and/or immune system, as well as other blood disorders.

The clinical oncologist: A doctor who specialises in treating cancer of other organs as well as some of the blood/bone marrow and/or immune system. They also specialise in administering radiotherapy.

The clinical nurse specialist: A nurse who is an expert in the care and support of people with blood disorders/cancers. The clinical nurse specialist can also help you understand anything you might need to know.

The research nurse: A nurse who is responsible for providing information to patients about clinical trials and organising treatment and follow-up care whilst on such trials.

The radiologist: A doctor who is an expert in interpreting x-rays and special scans which provide important information for diagnosing and treating cancer.

The histopathologist: A doctor who is an expert in looking at biopsy specimens under the microscope to determine the exact type and nature of the lymphoma.

The clinical health psychologist: A psychologist who specialises in helping people cope with and adjust to the emotional impact that can accompany serious physical illness.

You come first

Everyone in the MDT meets on a regular basis. We will discuss your diagnosis and work out what is thought to be the best treatment for you. Whenever possible, your case will be discussed in the MDT before you start treatment.

We want you to be confident about your treatment plan. That's why we hope you will want to talk to us and tell us what is important for you. We will always tell you everything you want to know about your condition.

When the MDT has discussed your case, your doctor will see you in clinic to discuss the proposed treatment options.

In some urgent cases treatment may need to be started without prior discussion at the MDT meeting. In these cases the clinician will try to discuss treatment plans with the other members of the MDT.

Any questions?

If you are worried or do not understand something you have heard, your clinical nurse specialist (or research nurse if you are on a clinical trial) is there to help. Your nurse will act as your key worker throughout your care with us and will be a point of contact for information and advice. The nurse will provide a link between yourself and the other members of the MDT if you have any questions.

Contacts:

Tel: 0118 322 5111 and ask for the relevant haematology nurse:

- Acute Clinical Nurse Specialist (Leukaemia and Acute Therapy)
- Bone Marrow Transplant Clinical Nurse Specialist
- Chronic Lymphocytic Leukaemia Clinical Nurse Specialist
- Haematology Lymphoma Clinical Nurse Specialist
- Myeloid Clinical Nurse Specialist
- Myeloma Clinical Nurse Specialist

Research Nurse, tel: 0118 322 8632 / 8310

For **haematology doctors**, contact the Clinical Admin Team (CAT

8) on tel: 0118 322 8145 option 2 or email:

rbb-tr.cat8haematology@nhs.net:

• Dr Booth

Dr Portsmore

Dr Khan

Dr Pratap

Dr Hellal

Dr Sampson

Dr Pillai

Contact the **oncology doctor** (Dr Adam) via secretary,

tel: 0118 322 5362

Adelaide Ward (inpatients) 0118 322 7471

West Ward (day patients) 0118 322 7464 (8.30am–5pm, Mon-Fri) Battle Day Unit (day patients) 0118 322 6980 (8.30am–5pm, Mon-Fri)

Berkshire Cancer Centre 0118 322 7888 (9am-5pm, Mon-Fri))
Radiotherapy 0118 322 7890 (9am-5pm, Mon-Fri))

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

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