



Royal Berkshire
NHS Foundation Trust

Introduction to the gynaecological cancer multi-disciplinary team (MDT)

Information for patients,
relatives and carers

This leaflet provides you and your family or friends with information about the multi-disciplinary team (MDT) involved in your care at the Royal Berkshire Hospital. There are also some useful telephone numbers and website addresses which you may find helpful.

The multi-disciplinary team

The multi-disciplinary team or MDT comprises of doctors, nurses and other health care professionals who are involved with your individual care. The MDT meets on a weekly basis on a Monday afternoon to discuss patients who have been newly diagnosed with a gynaecological cancer or have been undergoing treatment or require their cases to be reviewed.

These meetings allow the team to formulate a plan of treatment best suited to the individual.

The information assembled at these meetings will be written in your hospital notes so that it is clear to your clinician (doctor) what investigations and treatment are required and then you will be notified at the next opportunity.

Who are the gynaecological cancer MDT?

- **Lead clinician**, who will take overall responsibility for the service.
- **Consultant oncologist**. Specialist in cancer and its treatments.
- **Consultant gynaecologist**. Specialist in the surgical treatment of cancer.
- **Consultant radiologist**. Specialist in the examination and interpretation of x-ray / scans and other investigations.
- **Consultant histopathologist**. Specialist in the examination of biopsy / specimens and identification of cancer cells.

- **Clinical nurse specialist.** A nurse specialising in gynaecological cancers or Supportive and Palliative Care, who will provide support and information during your cancer experience.
- **MDT co-ordinator.** A person who provides the relevant information for the team and coordinates the meeting.
- **A Key Worker** from the MDT is designated to each patient. The Key Worker will act as the main point of contact and is responsible for coordinating your care. This information will be written in your hospital notes to inform other health care professionals.

The Key Worker for gynaecological cancer patients will be Lisa Clarke, Clinical Nurse Specialist.

Useful numbers

Your Key Worker / Clinical Nurse Specialist is:

Lisa Clarke Tel: 0118 322 8195 Email:

lisa.clarke@royalberkshire.nhs.uk

If you have any questions about the MDT or need further information, please contact Lisa Clarke on the above number and she will be happy to speak to you.

Miss R Vijayanand (Surgeon), Gynaecology Clinical Admin Team (CAT6) Tel: Tel: 0118 322 8964 or email rbbh.CAT6@nhs.net

Dr H O'Donnell (Oncologist) secretary Tel: 0118 322 6911

Dr M Bhattacharyya (Oncologist) secretary Tel: 0118 322 6911

DR R Wain (Oncologist) secretary Tel: 0118 322 7871

Sonning Ward Gynaecology (anytime) Tel: 0118 322 8204

Gynaecology Clinic Tel: 0118 322 7290

Adelaide Ward Oncology (anytime) Tel: 0118 322 7471

Berkshire Cancer Centre (9am–5pm) Tel: 0118 322 7890

CHEMO 24 hr advice line Tel: 0118 322 7762

Chaplains (multi-faith)
Patient Advice & Liaison Service

Tel: 0118 322 7105
Tel: 0118 322 8338

Support groups

Macmillan Cancer Support

Freephone 0808 808 00 00 www.macmillan.org.uk

Provides information, emotional support and practical advice by telephone or letter. Also provides information in other languages.

Health Talk Online

www.healthtalkonline.org

Information on investigations and treatment for cancer and individual patients' stories and coping strategies.

Additional referrals

If you need a referral to any of the following services this can be arranged through either the consultant or the clinical nurse specialist.

- Counsellor
- Dietitian
- Physiotherapist
- Occupational therapist
- Community Palliative care nurse
- Citizen Advice

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Written by Lisa Clarke, RBFT Berkshire Cancer Centre
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