



# Going home from the Royal Berkshire Hospital

**This leaflet explains what you might expect to happen if you are ready to go home from hospital with support at home.**

Your clinical team have agreed that you are medically well enough to leave the Royal Berkshire Hospital to go home, but you need some support at home. Community health and social care teams will help you to tailor the support that is right for you at the point of leaving the hospital. When you leave hospital, your needs may change once you get home; you might find that you need more care or less as you recuperate.

There may be a charge for some of your care, depending on your needs, circumstances, and the type of support you require. You will be advised which parts of your care need to be paid for and you will be offered a financial assessment to determine how much you will need to contribute. You can ask your hospital social worker for further information about charges for care.

## What can you expect to happen?

Your care and support needs will be assessed and arranged. Social workers will likely be involved in this planning. Sometimes, therapists may need to visit your home to make sure you and your carers will be safe there. Sometimes, the therapists may order equipment for you, to be delivered to your home.

If you are to have reablement or rehabilitation, you will be referred to community reablement services. Reablement aims to help **you** to make further improvements in the amount you can do – carers will encourage you to do as much for yourself as you can. If it is unlikely that you will make further improvement, then reablement will not be appropriate and a ‘package of ‘care’ will be put in place.

## How quickly will you be discharged?

You will be discharged when your care and support are in place. This can take time to set up depending on where you live and the amount of care you need. Simple care at home in a non-remote area usually takes two days to set up. If you live in a remote area – or need multiple visits each day from more than one carer – will take longer to set up.

If your care at home is delayed, you may be transferred to a Community Hospital to wait. The Community Hospital will continue to look after you and work to get you home as quickly as possible from there.

