



PEG tube endoscopic removal aftercare advice

This leaflet gives you advice following the endoscopic removal of your PEG tube. This means that your PEG is removed during a gastroscopy using a scope (flexible tube).

After removal of your PEG tube

Today you have had your PEG tube removed. During the endoscopic gastroscopy, a snare was placed around the internal bumper of the tube that lies in your stomach. The external part of the tube was cut off and discarded. The internal part of the tube was withdrawn with the gastroscope. Upper gastrointestinal endoscopy is classified as an invasive investigation and because of this; it has the possibility of associated complications. Please be aware of the following:

- The site might feel a bit sore
- You may have a sore throat for a few hours
- You may feel bloated for some time after due to the gas that was used to inflate your stomach during the procedure

What to look out for

Serious side effects from this procedure are rare; however, look out for:

- Excessive bleeding
- Infection (oozing, redness or soreness, high temperature)

If you experience any of the above, please contact your GP immediately, informing them that you have had your PEG tube removed.

Other information

- No shower for 48 hours / no bath for 72 hours.
- Keep your dressing on for 24 hours. After 24 hours, remove dressing. If the site is dry, do not re-dress. If site is bleeding or oozing, re-dress with the gauze and tape we provided.
- You can start eating and drinking two hours after the procedure.

Contact numbers

Enteral Nutrition Clinical Nurse Specialists: Sarah Lupai / Olivia Bentley-Kydd

Tel: 0118 322 8342 or Email: rbft.gastrostomyreferrals@nhs.net or Mobile: 07826 921372 / 07385 938953. Monday-Friday 8am-4pm. Outside of these hours, contact Sidmouth Ward on 0118 322 7468.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Endoscopy (Enteral Nutrition), January 2024. Next review due: January 2026.

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