



Having a radiological procedure under sedation

This leaflet tells you what to expect when you have sedation for a procedure in Radiology. If you have any other queries, call the Radiology Department on 0118 322 8368.

Introduction

You have been given a light sedative and powerful painkiller.

You may feel a little disorientated or light-headed during and for a short while after your procedure.

Do not worry, these effects are normal.

- The usual drugs, Midazolam and Fentanyl will remain in your body for 24 hours and gradually wear off.

However, if symptoms persist for longer than this, contact your GP.

Important advice

You will be considered to be under the influence of the sedation during this time and it is important for your safety and recovery to follow this advice after sedation:

- You must be accompanied home by a responsible adult who will stay with you for at least 24 hours after your procedure.
- Drink plenty of fluids and enjoy a light diet.
- Do not:
 - drink alcohol.
 - drive a car, any other vehicle, or ride a bicycle.
 - operate machinery or any electrical appliances such as cookers or kettles.
 - lock the bathroom door or make yourself inaccessible to the person looking after you.
 - make any major decisions or sign any important documents for at least 12 hours.

Advice for relatives/friends:

- If the patient feels weak or faint, lie them down and place a cushion under their feet to raise up their legs.
- Provide a source of fresh air, loosen their clothing and make sure an adult is with them until they recover.
- If they are not feeling sick, they should drink plenty of water.
- In the event of the patient continuing to feel faint, please contact your GP for further advice.

Contact us

Radiology Day Case Unit on 0118 322 8368 (Monday-Friday 8.30am-5pm).

Out of hours, please attend Royal Berkshire NHS Foundation Trust Emergency Department or your nearest Emergency Department (A&E).

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

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