

Please contact the department for a quote and advice.

This is £55 and is payable to the cashiers department. This is subject to change.

Repairs

If necessary, you are able to have your adapted footwear re-soled by a local shoe repair company.

If there is a problem with the adaptation, then you must bring the shoes in to the Orthotics Department to be repaired.

Repair times vary; but are typically between 3-4 weeks. Please ask for an estimated repair time if necessary.

The Orthotics Department requires you to clean your footwear before bringing them in for repair/adaptation. If footwear is received in an unreasonable state, it may be refused.

Please make sure that any footwear dropped in has your name, address and date of birth attached to them.

Contact us

Orthotics Department
South Block
Royal Berkshire Hospital
London Road
Reading RG1 5AN

Tel: **0118 322 7552**

Your Orthotist is:

To find out more about our Trust visit
www.royalberkshire.nhs.uk

Please ask if you would like this information in another language or format

NHS Orthotic Managers Group, May 2025
Next review due: May 2027



Adapted footwear

Information for patients

Department of Orthotics

This leaflet gives advice to patients who require their own footwear to be adapted. This may be a raise, wedge, socket for a caliper, or some other orthotic input.

Your adapted footwear

The footwear to be adapted should:

- Fit well, be comfortable and be secure on the foot
- Fasten securely, by means of laces, Velcro straps or a buckle
- Have a wide, low heel
- Be in a state of good repair.



Look for

- If the footwear requires adapting to use with a caliper, the heel should be solid. Heels that are hollow cannot always be adapted.
- If the footwear is to be raised, the adaptation will look better if the sole and heel are black or brown.

Avoid

- If a raise is to be added, avoid footwear with exaggerated shaping or variable colours in the sole and heel unit. These are difficult to adapt and the finished adaptation will be much more noticeable.
- Trainers with 'air' cells or flashing lights in the heels.
- Footwear with soles that extend up the sides of the upper.
- Very flexible or thin soles.

We can adapt a sandal/summer shoe; however, this should have an ankle strap and is to be used sensibly and at your own risk.

We have the right to refuse an adaptation if we feel the shoe is not appropriate.

If you are purchasing new footwear to be adapted, it is worth discussing this with the shop and making sure that the shoes can be returned if they are found to be unsuitable for adaptation.

It may be necessary for the Orthotics Department to send the shoes away in order to check whether or not they are suitable for adaptation.

Initial supply

Always take time to get used to your footwear adaptation, breaking in gradually.

Once broken in and comfortable, adapted footwear should be worn as much as possible to ensure support and comfort.

Eligibility

You are eligible on the NHS to two footwear adaptations per year. Once you have trialed your first adapted shoe(s) and are happy, you may wish to bring in another to be adapted.

If you wish to have more shoes adapted above your NHS entitlement, you may do so by paying.