



# Advice and support for people experiencing sight loss

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**This information explains how the Sight Loss Advisors can help you and how to contact them.**

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Our Sight Loss Advisors, Sarah and Sonya, are on hand to assist anyone with sight loss, or their relatives and carers, to access the support they may need with their Low Vision.

## **Our Sight Loss Advisors can provide:**

- Emotional support.
- Information and advice on living with sight loss and maintaining independence.
- Information relating to sight impairment registration.
- Information on charities that support people living with a visual impairment.
- Information on where to get advice on benefits and concessions.
- Information on where to get advice on education, employment, housing, leisure and local support groups.

Sarah and Sonya can be found at the following hospitals:

**Prince Charles Eye Unit (King Edward VII Hospital), Windsor**

**Royal Berkshire Hospital, Reading**

**West Berkshire Community Hospital, Thatcham.**

**Townlands Memorial Hospital, Henley / Bracknell HealthSpace – Low Vision Clinics**

If you would like to speak to Sarah or Sonya please contact them:

Mobile: **07771 624195**

Email: **[sarah.short7@nhs.net](mailto:sarah.short7@nhs.net)** / **[sonya.nikchevska@nhs.net](mailto:sonya.nikchevska@nhs.net)**

Or write to:

**Sight Loss Advisors**

**Royal Berkshire NHS Foundation Trust**

**Eye Clinic, Level 2, Eye Block**

**Royal Berkshire Hospital**

**Reading, Berkshire RG1 5AN**

To find out more about our Trust visit **[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)**

**Please ask if you need this information in another language or format.**

RBFT Department of Ophthalmology, May 2025

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