



Royal Berkshire
NHS Foundation Trust

Your Trastuzumab treatment plan

Patient Diary

Your name: _____

NHS number: _____

- King Edward Ward (KEW) Outpatient
Chemotherapy Unit Tel: 0118 322 7464
- Bracknell Chemotherapy Unit Tel: 01344 662905
- Rosemary Centre Tel: 01635 273659
- Cardiology Outpatients Tel: 0118 322 6573
- Berkshire Cancer Centre Clinic Appointments
Tel: 0118 322 7888

You are about to commence a course of Trastuzumab (herceptin); this leaflet is to help you book important appointments in a timely fashion for your convenience.

Your treatment

Trastuzumab is a targeted therapy that you will get every three weeks for a total of 18 treatments. Please read the Macmillan leaflet for more details about trastuzumab.

It can be given as an intravenous infusion or a subcutaneous injection in your thigh. Your doctor will discuss which treatment is best for you.

Prior to starting trastuzumab you will have a baseline echocardiogram done (ECHO). While on trastuzumab you will need to have an ECHO done every 12 weeks. Please book your next appointment before you leave cardiology

The ECHO result and a recent blood result will be reviewed before proceeding on to more trastuzumab – this should be done after trastuzumab number 4, 8, 12 and 16.

Please telephone the treatment unit before 11.00 the day before each trastuzumab treatment is due to confirm that you will be attending – this is so your drugs can be prepared. If you don't confirm attendance you will have a wait while the drug is being made and delivered. For treatment on Monday, please phone the Friday before.

Your treatment plan

Week	Treatment	Date
Wk 1	Trastuzumab 1: This will be a 6 hour appointment. You need to book your next ECHO and clinic appointment.	
Wk 2		
Wk 3		

Week	Treatment	Date
Wk 4	Trastuzumab 2: This will be a 90 minute appointment for the infusion treatment and 10 minutes for the injection.	
Wk 5		
Wk 6		
Wk 7	Trastuzumab 3: This will be a 30 minute appointment for the infusion treatment and 10 minutes for the injection.	
Wk 8		
Wk 9		
Wk 10	Trastuzumab 4 + blood test. This will be a 30 minute appointment for the infusion and 10 minutes for the injection.	
Wk 11	ECHO	
Wk 12		
Wk 13	Trastuzumab 5	
Wk 14		
Wk 15		
Wk 16	Trastuzumab 6	
Wk 17		
Wk 18		
Wk 19	Trastuzumab 7	
Wk 20		
Wk 21		
Wk 22	Trastuzumab 8 + blood test	
Wk 23	ECHO	
Wk 24		
Wk 25	Trastuzumab 9	
Wk 26		

Week	Treatment	Date
Wk 27		
Wk 28	Trastuzumab 10	
Wk 29		
Wk 30		
Wk 31	Trastuzumab 11	
Wk 32		
Wk 33		
Wk 34	Trastuzumab 12 + blood test	
Wk 35	ECHO	
Wk 36		
Wk 37	Trastuzumab 13	
Wk 38		
Wk 39		
Wk 40	Trastuzumab 14	
Wk 41		
Wk 42		
Wk 43	Trastuzumab 15	
Wk 44		
Wk 45		
Wk 46	Trastuzumab 16 + blood test	
Wk 47	ECHO	
Wk 48		
Wk 49	Trastuzumab 17	
Wk 50		
Wk 51		
Wk 52	Trastuzumab 18	

King Edward Ward, BCC, September 2022

Next review due: September 2024