

Going to the Acute Medical Unit (AMU)

When you feel ill you will normally go to see the doctor in your local surgery – your GP.

But if you are really ill you may have to go to hospital.





You may have to go in an ambulance to the Emergency Department (A&E).



When you arrive at A&E you will be seen by nurses and doctors who will assess you. If you need some tests you may be taken to the Acute Medical Unit – 'AMU'.

In AMU the nurses and doctors will watch over you and arrange the tests. We have leaflets that will tell you what happens during the tests.

AMU have chairs and beds so you can be comfortable while you wait.



All the staff in the hospital wear a name badge and when they speak to you, they should always tell you their name.



If you or your carer needs help while you are in the hospital, ask one of the nurses to either call the Learning Disability Liaison Nurses on ext 8159 or on mobile number 07879 425 803 or 07500 559177.





When you see the doctor, he or she will ask you more questions and will examine you by touching or looking at the part of you that is ill. If you are hurting or scared, tell the doctor or nurse, who will try to help you.



Once the doctor has seen you, you will be sent home if you are well enough.



Or if you are not well enough to go home, you will be moved to a bed on a ward so that you can have treatment.



More information for people with learning disabilities and their carers can be found on the Trust website at: www.royalberkshire.nhs.uk



Also available in this series:

- Getting help in hospital
- Going into hospital
- Going to the Emergency Department (A&E)
- Having a blood test
- Having a general anaesthetic
- Having a scan
- Having an X-ray
- Washing your hands
- What happens in pre-operative assessment



Easy Read booklet number 6. Images courtesy of PhotoSymbols and RBFT. Reviewed: May 2025