



# ReSPECT

Recommended Summary Plan for  
Emergency Care and Treatment

Easy read information for patients,  
parents, partners and families



## 4 – Two stories ReSPECT3

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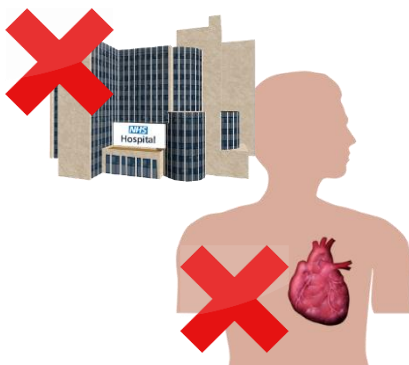
**These stories help you understand how ReSPECT works**  
The stories in this booklet are not real.  
But they are based on real life stories.



### Mark's story – Making a ReSPECT plan

Mark had not been well for a long time.

He knew that if he became very ill he did not want to go  
to hospital again.



He knew that if his heart stopped he did not want to  
have his heart started again.



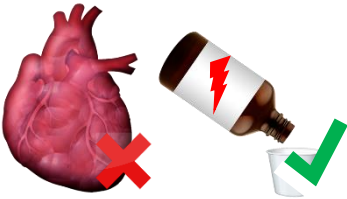
He wrote all this down on a piece of paper so that if  
there was an emergency and he could not talk, people  
would know what he wanted.



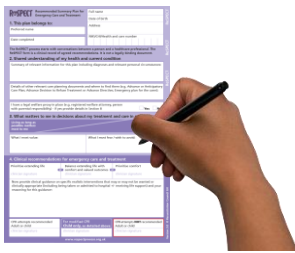
He showed the note to his doctor, who said that because it was only written on a normal piece of paper, the doctors might not think it was important.



The doctor talked to Mark about what he wanted and what was important to him.



They talked about what treatments Mark did and did not want to have.



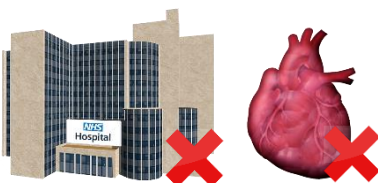
Then they wrote down Mark's choices on a ReSPECT form.



When Mark became out of breath and fell down at his care home, they called an ambulance.



Mark was too ill to tell them his wishes, so the ambulance staff read his ReSPECT form.



Because of this they did not take Mark to hospital and would not try to start his heart if it stopped.



**They made sure Mark was comfortable and peaceful.**



**They made sure he was with the people who knew and cared for him when he died.**



**Mark got the care that he wanted, at home.**



**John's story – Having a ReSPECT form**

**John gets a lot of bad chest infections and sometimes these can be very serious.**



**When he gets a very bad chest infection he has to go to hospital.**



**Sometimes John gets so ill that the doctors and nurses are not sure that John will be able to get better.**

**Some of the treatments they could give John would be very painful.**



**And when John is very ill, he is not able to tell the healthcare team about his wishes.**



This can make it hard for the healthcare team to know what John wants.



John wants his healthcare workers to know that he always wants treatment if there is a chance he can get better.



Even if it hurts a lot or it will take a very long time to get better.



He had a meeting with his healthcare team when he was well.



They talked about what he wanted in the future and they filled out a ReSPECT form.



The next time John goes to hospital with a bad chest infection, the doctors and nurses will be sure that he wants to have all the treatment he can.



For further information go to [www.respectprocess.org.uk](http://www.respectprocess.org.uk)