

Have you considered homebirth?

NHS

Royal Berkshire
NHS Foundation Trust



Are you...

- Expecting to give birth between 37-42 weeks?
- Pregnant with one baby?
- Generally well and your current pregnancy or previous pregnancies have been largely uncomplicated?

Did you know?

If you have given birth vaginally before (even with forceps or ventouse) there is a 95% likelihood you can do it again!

The Birth Place Study (2011) found that for those who have given birth vaginally before, homebirth is just as safe as hospitals for uncomplicated pregnancies.



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Speak to your midwife for more information!

Or email the team at rbft.homebirthteam@nhs.net