



## Attending the combined scan clinic

You have been referred to the combined ultrasound and paediatric clinic so together we can make a plan for the birth of your baby. If possible, please bring someone along to support you and write down any questions you may have beforehand and bring them with you to the appointment.

## Who will be at the appointment?

At the appointment, your baby will be scanned and examined by a consultant obstetrician (pregnancy doctor), an associate specialist in ultrasound (scan doctor) and a consultant neonatologist (baby doctor). This ensures good communication between the two different teams (maternity and paediatrics) and ensures that you will be given a full explanation of what may happen before and directly after your baby is born.

One of the fetal medicine midwives will also be present. They will work with other departments and are your point of contact if you need further information. As a specialist clinic there are learning opportunities and we may ask if you would mind having junior doctors or trainee midwives present. They are there to learn and will not make decisions or be involved in anything not appropriate to their level.

## What will happen at the appointment?

The appointment will last about 30 minutes but could be longer if the reason you are attending is particularly complex, or if it is difficult to get clear views on the scan. Sometimes, babies just aren't in the right position for us to see what we need, and we will give you another appointment to have another look.

Once the scan of your baby is finished, the consultant neonatologist will discuss with you the recommended plan of care for your baby once they have been born.

A letter outlining this plan then goes onto your hospital record and a copy will be sent to you at home. A letter is also sent to your GP to keep them informed. If necessary, another appointment will be made before you leave the hospital to attend the following combined clinic (they are held once a month), otherwise you will be seen in the hospital or community as appropriate. If you have any guestions you can call the screening and fetal medicine midwives Monday to

If you have any questions you can call the screening and fetal medicine midwives Monday to Friday 8am-4pm on **07768 752 563**.

## **Resources for support**

Antenatal Resources and Choices, national helpline Mon-Fri 10am-5.30pm **0207 713 7486** www.arc-uk.org.

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Maternity, Antenatal Screening Coordinator, July 2009 Reviewed: May 2025. Next review due: May 2027.