

# Mental Health Medication

## YOUNGMinds

Information specifically for children and young people. A-Z listing of mental health medications with brief descriptions and an option to click through for more detail and links to NICE guidance

<https://youngminds.org.uk/find-help/medications/>

## Choice and Medication

Choice and Medication© Leaflets are designed to help service users, carers and family members understand their medicines better, and to make more informed decisions, best as part of a discussion with a healthcare professional.

The leaflets are available in 5 different styles to suit the enquirer's level of understanding.

Brief Information Leaflets; one page, 10-11 Q&As, font size 11.5pt, c500 words plus translations

Extra-Large print adapted versions of the BILLS, aimed at older people, usually with memory problems; font 16pt

Patient Information Leaflets; 2 pages, 16-17 Q&As, font size 10.5pt, c1400 words

Easier on the eye for e.g. younger people, 2 pages, 9 Q&As, font 10.5pt, c1100 words

Very Easy-Read Leaflets; 2-3 pages, font 14-16pt, main text c150 words

(This is a paid for service but some Trusts have made the information available on their websites).

<https://www.choiceandmedication.org/derbyshcft/>

<https://www.choiceandmedication.org/swlstg-tr>

## Mind

### Psychiatric medication

Explains what psychiatric drugs are, what to know before taking them, and information on side effects and coming off medication.

With links to A-Z lists of different psychiatric drugs,

Not specifically for children and young people but clearly written with links to Patient Information Leaflets

<https://www.mind.org.uk/information-support/drugs-and-treatments/medication/about-medication/>

# Children's Rights

Rights4children

Taking Medication

Explains children's rights around taking medication or refusing treatment from medicines bought in shops, to drugs children and young people take every day which are prescribed by a doctor.

<https://rights4children.org.uk/taking-medication/>

NHS Health Research Authority

Research involving children

There are many ethical and legal issues to consider when involving children and young people in research.

The requirements for consent, where participants are children and/or young people depend on the type of study and where in the UK it is taking place.

Site describes how researchers decide who can consent to be involved in research.

<https://www.hra.nhs.uk/planning-and-improving-research/policies-standards-legislation/research-involving-children/>

NHS

Children and young people

-Consent to treatment

<https://www.nhs.uk/conditions/consent-to-treatment/children/>